



Yan Chai Hospital Law Chan Chor Si College

The Pieces

2017-2018



The Pieces 2017-2018: Table of Contents

INTER-CLASS SPEAKING CONTEST	4
<i>S1: 1st place</i>	
LO Sing How 1D: How can you be my boyfriend?	4
<i>S1: 2nd place</i>	
LING Jack 1A: Monster parents VS Helicopter parents.....	5
<i>S1: 3rd place</i>	
CHEN Angel 1D: How you can be my girlfriend	6
<i>S2: 1st place</i>	
LEUNG Charlene 2A: My Stress Monster.....	7
<i>S2: 2nd place</i>	
CHAN Oscar 2B: Make Mondays Awesome	9
<i>S2: 3rd place</i>	
LING Tracy 2D: Learning Korean	10
<i>S3: 1st place</i>	
CHAN Johnny 3A: Laziness	11
<i>S3: 2nd place</i>	
TONG Bosco 3B: Football	12
<i>S3: 3rd place</i>	
TAM Amy 3D: Procrastination	14
<i>S4: 1st place</i>	
KWAN Tony 4A: Hip-hop.....	15
<i>S4: 2nd place</i>	
WONG Andy 4B: Why do boys love playing on-line games?	17
<i>S4: 3rd place</i>	
YUEN Abby 4D: Are single parent children inferior?	18
<i>S5: 1st place</i>	20
LEE Vaness 5B: Be yourself	19
<i>S5: 2nd place</i>	
TSANG Eric 5A: Can Donald Trump make America great again?.....	20
<i>S5: 3rd place</i>	
TAM Karen 5B: Tabikaeru	22
MORNING ASSEMBLY SHARING	24
CHAN Katrina 5B and IP Catherine 5B	
Virtual Reality and Bullying	24
CHENG Hazel 3A	
Money and Happiness.....	25

CHENG Kyra 5A	
Double Eleven	27
CHENG Tom 4B	
The joy of reading	28
FUNG Sammi 3C	
Sexual Orientation.....	30
HAU Connie 5C	
My Scotland Exchange Programme.....	31
KWAN May 4B	
Unfair!?!	32
KWOK Wilson 5B and NG Isaac 5B	
Being a friend to the environment	34
LAM Matt 4B	
More fulfilling holidays.....	36
LING Jack, 1A	
Timeless burgers!	37
LO Terry 3D	
What I Have Learnt From My Friends.....	38
LO WING Sing 1D	
Friendship	40
CHEUNG Maggie and CHOW Michelle 6B	
High School Memories	41
MAN Rachel 1C	
Volleyball.....	42
SUM Nicole 5C	
Jewellery Design.....	43
TAM Karen 5B	
Coco	45
WONG Lucia 1D	
Bullying.....	46
YIP Eunice 1D	
Christmas!	47
THE PRESS.....	48
CHAN Emily 4D	
Young Post p.2, Monday 30 April 2018, Roll Call: English Activity Day.....	48
CHAN Emily 4D	
Young Post p2, Monday 7 May 2018, Roll Call: English Cafe Kiosk	48

LEE Suki 3C and SHIA Sarah 3C	
Young Post p.2, Monday 19 March 2018, Roll Call: S2-3 Inter-class Trivia.....	49
WONG Mini 5C	
Young Post p.10, Friday 27 April 2018, Top 10: Noise	49
CHUENG Gary 5C	
Young Post p.8, Friday 20th April 2018, Top 10: Animals	50
WAN Bosco 3C	
Young Post p.8, Friday 23 March 2018, Top 10: Inventions	50
WEN Paul 3C	
Young Post p.8, Friday 25th May 2018, Top 10: Superheroes	51



Enjoy The Pieces!

*Please note that the views and opinions expressed in this publication are those of the authors and do not necessarily reflect
the official policy or position of the school.*

Inter-Class Speaking Contest

Page | 4

S1: 1st place

LO Sing How 1D

How can you be my boyfriend?

Good morning principal, teachers and my fellow schoolmates. Before I start, I want to ask you a few questions. Are you single at the moment? Who do you want for your boyfriend or girlfriend? Today, I would like to tell the boys how they can be my boyfriend.

First of all, I must tell you – I am not encouraging you to fall in love with me in our study period. Actually, I'm talking about the future. First, I want a normal boy, not a gay boy, not a tomboy. He must be taller than me. I wish. And the most important thing is that he loves me and I love him too.

Next, I'm going to tell you about his character. He must be caring. Sometimes, I am moody and emotional. So, he must be patient and calm. He can be a little bit silly but he must treat me very well. He can't hurt me or ignore me. He must protect me and protect me only! Am I selfish? Well, I don't care. If he protects other girls, I am sure I will be jealous!

His academic performance is my concern too. He doesn't need to be very clever but he must be diligent. Also, he must perform better than me, especially Mathematics. I hate Maths and it is my worst subject. I hope he can teach me and improve my result.

Besides, my boyfriend must be good at sports, at least one sport. I think a boy who can play basketball is very cool and handsome. I don't play basketball but I like playing badminton. It would be great if my boyfriend can play badminton with me as well.

A few more words before finishing my speech. No matter who can be my boyfriend, I am not encouraging you to fall in love now. The most important thing in my life at this moment is study. Boys, no matter how nice you are, I'm not going to fall in love with you.



S1: 2nd place

LING Jack 1A

Monster parents VS Helicopter parents

Good morning principal, teachers and fellow schoolmates. I am Jack Ling from 1A. Page | 5

Before I start, I have a quick question to ask you, ‘Do you have monster parents or helicopter parents?’

Monster parents are parents who shout at you easily because they overprotect children and also set a high target for them. If the kids don’t do it correctly, they will be angry. Hong Kong parents are often labelled as ‘Monster Parent’ on social media. Those parents want their children to be the best, as they fight for limited resources in Hong Kong. Therefore, parents try their best to ensure that their children are protected and they do not lag behind their peers. So these children are forced to work very hard and they be under a lot of pressure.

Here is a checklist to see if your parents are one or not:

1. *Having ultimate control over their child.*
2. *Discouraging individual thought and believing academic results come first.*
3. *Suggesting free time does not exist.*
4. *Thinking their child is always right.*

However, that won’t make the children get high grade, because they will feel like failures. It may also affect their mental health, and finally, they may lose motivation during early childhood.

The Chinese University said, ‘Soft skills, such as learning to get on with other children or learning to follow instructions, in my opinion are as important as hard, academic-based skills.’



How about helicopter parents? Helicopter parents always hover over their children like a helicopter and over-focus on them. Helicopter parents are the parents of high school or college aged students who are capable of doing tasks alone but they are still worried about their children and provide disproportionate help for them. For example, they will manage their children’s class schedule, attend university open day and attend job interviews with their children. Imagine if you are the boss, do you think the candidate is a competent one?

As a result, the kids will have low confidence and self-esteem because they think their parents do not trust them to do these things on their own. They will easily get depression and anxiety and, most importantly, they can't develop their life skills.

Page | 6 After listening to my speech, I am going to ask you again, 'What parents do you have?' If you have monster parents, please raise your hand, ok. Now if you have helicopter parents please raise your hand. Oh! I see many of you didn't put up your hands. *That's fantastic.* However, if you have them, don't worry, because you can actually work harder to show that you can do it. When you show that you are competent, your parents don't need to worry about you and you can be SAFE! Thank you for listening.

S1: 3rd place

CHEN Angel 1D

How you can be my girlfriend

Good morning, everyone. I'm going to ask you a question. Please listen carefully, and be honest! Put up your hands if you have a girlfriend or boyfriend. See? Look around! I already asked you to be honest. Why are there so many "single dogs" here? No, I wouldn't like to see this happen. So, in order to save at least 1 "single dog", let me tell you "How you can be my girlfriend". Yes! Girlfriend! Boys can also have boyfriends, so, why not?

First, my girlfriend must be a foodie because I am a foodie, too. We can try a lot of delicious food together. Eating is simply the best thing in the world! So, loving to eat is an absolutely essential element for being my ideal girlfriend.

Second, my girlfriend had better be a genius in Mathematics because I failed my Maths exam last time. It'd be good if she could teach and help me to improve my results. In return, I can also teach her Chinese and English. English, yes! Especially speaking, I'm really good at it! Hmm....Maybe I can find a girlfriend with blonde hair?

Anyway, the most important thing for my girlfriend is that she cannot be more beautiful than me. Because I am the most beautiful girl in Form 1, aren't I?

So today I told you all about how you can be my girlfriend. Come to find me if any of you are interested in being my girlfriend. I will be in Room 105. Which room again? Mark it down! I repeat, 105. See you there! Bye.



S2: 1st place
LEUNG Charlene 2A
My Stress Monster

Page | 7

Good morning principal, teachers and fellow schoolmates. Okay, before I start my topic, I would like to ask you all a question. Which teacher gives you the most stress? I know everyone has one in their heart. So, let me share mine now.

The last English topic was 'growing pains'. I'm sure your English teachers have asked you to brainstorm the 5 most common teenage problems. Do you still remember what they are? Instead of writing about my worries, I've written the source of my worries. That means, where my stress come from. I still remember what I've written very clearly!

No 1, Miss Chung. No 2, Miss Clara Chung. No 3, Miss Chung Wing Yin. No 4, My English Teacher. No 5, My Class Teacher. Yes, all my stress comes from my crazy Miss Chung!

She always uses our precious time to teach English, like our class periods early in the morning. Blah blah blah! You know what? Every day 4, we have a super, duper long school day! Why? Because we have 3 to 4 English lessons every day 4. The worst is yet to come! I still remember two day 4s in April: we had our English lessons til' 5pm! Right, from 2pm to 5pm. Totally 3 hours! Nothing can suck more than this, huh?

But the response given by Miss Chung was truly amazing. She smiled and said all of us are qualified to study in university because we can still survive after a 3 hour English lesson! Sigh! Miss Chung surely knows how to drive us crazy.

Though Miss Chung gives me, and my classmates a lot of stress, she surely gives us a whole bunch of joy (duh). But hey, as a present for this presentation, you can ask me for a ticket to observe the English lesson of 2A. I can promise you that you will get a lot of 'fun' from it. Thank you.



S2: 2nd place

CHAN Oscar 2B

Make Mondays Awesome

Page | 8

Good Morning Principal, teachers and fellow schoolmates. Lately, I found that all of my schoolmates' pet phrases are all the same. Their pet phrases are, "Oh, my God, it's Saturday!!" and "Oh, my God, it's Monday..." Although the language pattern is similar, the mood is very different actually. What I'm going to say in these three minutes is something that I want you to think about every Monday morning. Because your complaint is unacceptable.

Look, what if I told you next Monday was your last Monday in life? What if I told you, you would die this week? Would you still complain about the homework you don't want to do or any quizzes you don't want to take? I doubt it. You won't complain about that minor stuff anymore. Maybe you need to be good at lots of things because of your parents' high expectations. I'm also a student like all of you sitting here, so I get it!

But please appreciate the world we're living in! We're living in a world with so many opportunities! See, you might not even have been alive, but you're now sitting here listening to me with a healthy body and a smart brain! But you're still complaining! Imagine, you could just be the chair that you're sitting on or the mobile phone you use all day or this school uniform! I just don't know why all of you have your head down, feeling super dull on a Monday morning.



I'm going to make my Monday like a Saturday. That's what I want for every Monday morning and that's what I want to share with you! Please, take a step back and think about how awesome Monday is! So, how can we make Monday awesome? First of all, prepare all the things well on Sunday. For example, finish all your homework and study hard for the quizzes or the tests you need to take on Monday.

Page | 9

Secondly, wake up early on Monday and enjoy a really delicious breakfast. It could be bread with coffee or bacon, sausage and eggs, whatever you like. You can also listen to some music while you're on the way to school and find some Monday happy places for yourself, like a park, APM, Megabox or even a library. Now, ask yourself a question. How many Mondays have you missed since you said, "I will start next week?"

Ok, there must be a lot, but please take action and start next Monday. Lastly, please remember: you don't have to be great to start, but you have to start to be great after this second. I hope all of your pet phrases will be "Oh, my God, it's Saturday!" and "Oh, my God, it's Monday!" after listening to my sharing. I wish all of you a fantastic Monday next week. Thank you!

S2: 3rd place
LING Tracy 2D
Learning Korean

안녕하세요. Good morning everyone. I am Tracy Ling from 2D. You may be thinking, "Hey, Tracy, this is an English public speaking competition. Why are you speaking Korean?" And of course, my Korean is not good enough, so I can't teach you any here. Many of you are actually experts in Korean as you have watched many Korean dramas and you are big fans of EXO, BTS and GOT7. OK, let me give you a quick test to see how much you know about Korean. Do you know the meaning of '미안해'? How about '어떻게'?

I started learning the Korean language two years ago due to one simple reason. And this reason should be similar to most people who learn Korean. I really loved the boy band EXO at that time. I wanted to understand more about their song lyrics so I started attending Korean lessons once a week.

In my first Korean lesson, I had a bad headache when I saw all the Korean characters. I was thinking, 'Will I be able to remember all the circles and squares?' I then found out that it is not as horrible as what I imagined. A Korean character is actually made up of consonants and vowels which are similar to English. There is a lot

of vocabulary which is borrowed from English too, for example, service, diet, etc.

On the other hand, the pronunciation of some Korean words are indeed very similar to Cantonese, e.g. green tea is pronounced as ‘녹차’ and the Sun is pronounced

as ‘태양’. We Hong Kong people actually have a lot of advantages in learning Korean so

Page | 10

I also recommend you to try learning Korean.

What are some of the amusing things which I have learnt in the Korean lessons? My teacher is an oppa so he can always give us some tips for dating some handsome oppas. He also shares with us some of the dating culture in Korea.

Let me share some tips and facts with you. The first one is that Korean boys think that anniversaries are very important so they will prepare a lot to celebrate them. Isn't it romantic to have a Korean boyfriend? In Korea, there are 12 ‘love days’ celebrated on the 14th of every month in Korea. The 14th of June is Kiss Day and the 14th of December is Hug Day. Hug day is also called the sock day, when couples give each other cute socks to stay warm. Wow. I really hope that one day I can exchange socks with my oppa. Another cute Korean dating culture is that you should never buy a pair of shoes for your boyfriend. Can you guess why? Koreans believe that your boyfriend will run away and leave you if you buy him shoes. Isn't it hilarious?

It is always fun to learn a foreign language as you can know more about the culture. I also

communicate

people in

go travelling.

will make my

more

you are also

Korean, give

is not as

you think.

very much.

사랑해요

want to

with the

Korea when I

I am sure it

journey a lot

enjoyable. If

interested in

it a try and it

difficult as

Thank you

감사합니다

HOW TO SAY DELICIOUS IN KOREAN

Put these two together, and you get:

맛 (mat) Means "taste"

있다 (i-tta) Means "to exist"

맛있다 (ma-shi-i-tta) It means delicious (literal meaning is "taste exists")

FORMAL	STANDARD	INFORMAL
맛있습니다 (ma-shi-sseum-ni-da)	맛있어요 (ma-shi-sseo-yo)	맛있어 (ma-shi-sseo)

Very delicious
너무/완전 맛있어요
(neo-mu/wan-jeon ma-shi-sseo-yo)

It looks delicious
맛있겠다!
(ma-shi-ge-tta)

To say something is not delicious or tastes bad, use

맛없다
(mat-eop-da)

Please show some courtesy! If you decide to share this graphic, please link back to us! Thanks!

CREATED BY DOM & HYO

facebook.com/DomHyo © domandhyo.com twitter.com/DomHyo

S3: 1st place
CHAN Johnny 3A
Laziness

Page | 11

Good morning, principal, teachers and fellow schoolmates.

How many of you think that you are lazy? (Hands up on the floor) Parents don't like a lazy son or daughter. Teachers don't like lazy students. Your mother may keep nagging you and your teacher may punish you. In the Aesop's fable, there is the story of the ant and the grasshopper to tell you that you are doomed to fail in the end if you are lazy.

Everybody knows working in Microsoft is a prestigious job. The world renowned Microsoft founder Bill Gates once said, "I choose a lazy person to do a difficult job because a lazy person will find an easy way to do it." Today I'm going to tell you the good news. Lazy people do not always receive criticism.

According to research conducted by the Florida Gulf Coast University, being lazy is a sign of high intelligence. Right! Lazy people are also brainy people. Lazy people should not be the first one to make the move even when it is necessary but they will surely try to find ways in their brain so that they can get things done with minimum effort.

In Hong Kong, do you see many people lining up in the bank waiting for the bank service? Of course, they may have their own reasons for waiting... however long it may be, half an hour or even over an hour. Lazy people would not stand for this situation. In the modern world, they would make machines to do the job. Lazy people automate as much as possible. By saving the time of dealing with financial matters through technological advancement, I wonder how much time they have got for rest or other businesses.

Besides, lazy people will turn their laziness to their advantage. My classmate, Oscar, is a very lazy person. You will see him sitting there staring into space without moving. Once he mentioned whenever he thinks he needs to rest or it is the last minute for him to rush to do his homework, he will log off from his computer. He will not think of logging back onto the computer again once he does that. Guess why? Because the password for his computer has 32 characters. He is just too lazy to type in the password he set intentionally. Then he can sleep well or work with concentration. According to the research I mentioned before, lazy people tend to be more creative. They can get things done with extraordinary ideas.

In my view, lazy people are also more relaxing which constitutes a better quality of life. Countries in Western Europe are well-known for shorter working hours. Do we all admire or even feel jealous of their lifestyles? Do you see a lot of world-class

masterpieces in those countries throughout centuries? They have less pressure, more creativity as a result of their lazier lifestyle.

I hope you enjoy my sharing. Next time, if someone says you are lazy, you may have some arguments to refute them. Thank you.

Page | 12



S3: 2nd place
TONG Bosco 3B
Football

Good morning everyone. Can anyone tell me about your dream? No? Why not? Are you afraid that the others will laugh at your dream? I don't blame you. After all, we're talking about something that we can only get close to after falling asleep.

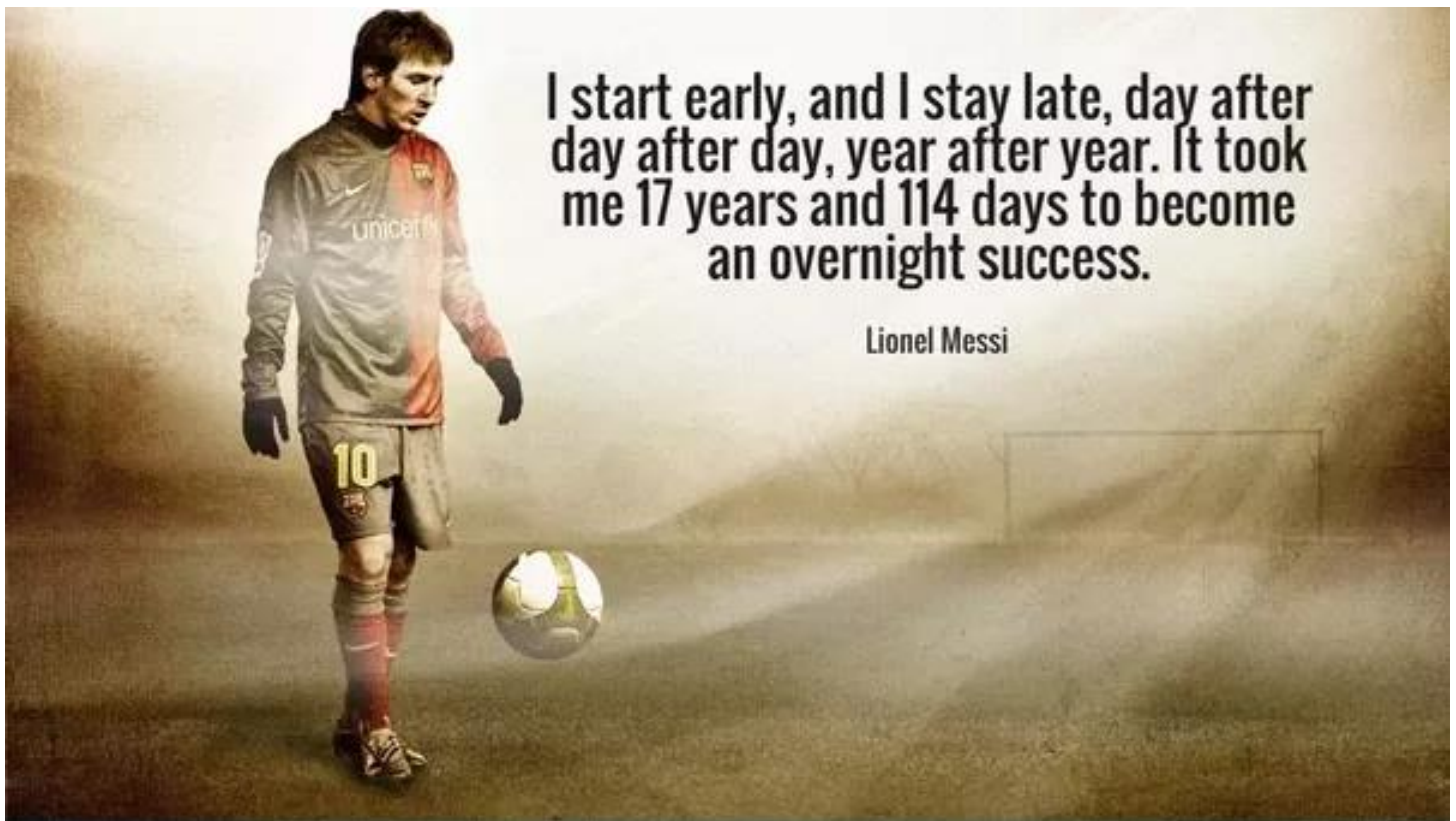
I believed that everyone has their own dream. For the girls, they may want to become painters, teachers or dancers. For boys, they may want to become bankers, doctors or engineers. For me, my dream is to become a football player. I love playing football so much. However, I would say that the path of chasing a dream is long and difficult. There will be a lot of obstacles to overcome.

First, the training is very tough. While you may think that running for 9 minutes in PE lesson may kill you, I have to run for 20 minutes as warm up, not to mention the other intensive exercises like push-ups or sit-ups. Ah! Have I told you how many times I need to attend the training each week? 6 times! 6 times a week! Every day except Sunday. So, NO! Don't worry. You won't die because of the 9-minute-run. After the training, I still have to take a shower, have dinner and finish my homework before

I sleep. That's why I always feel sleepy and tired in the daytime. But I am trying my best to handle it because I know I couldn't give up my studies.

The second challenge is that the salary of a football player can be as low as \$4000 per month. If you think \$4000 is a lot for you to live on, ask your parents. So, my parents do not want me to be a football player. Yet, if you play well, you may become more famous, and that's how your salary can be higher. That's why I still spend a lot of time to improve my skills.

As an old saying goes - No pain, no gain. So, don't give up your dream easily, even if you find the path is full of obstacles. Follow your dream, believe in yourself and try your best to keep going. Don't be afraid that people will laugh at you, because the dream is yours, not theirs. I hope you can become stronger when chasing dreams. Thank you.



S3: 3rd place
TAM Amy 3D
Procrastination

Page | 14

Good morning principal, teachers and fellow schoolmates. Today I want to share with you something called procrastination.

Nowadays, there is this new word circulating around Hong Kong: deadline fighters. They are the people who work on what they need to do right before the deadline, rather than having good time management and do it little by little every day. These deadline fighters procrastinate until the very last day to finish their work. I see that some of you have this meaningful look on your face, thinking, “Yeah... I’m one of them.”

So, “what is procrastination?” The definition of procrastination is trying to avoid doing whatever you are supposed to be doing because you want to relax at that moment. For example, every day when I come home after school, I’m supposed to finish my homework first, but when I open my Math workbook, “oh... a lot of numbers... maybe I’ll just go on the internet for a quick 15 minutes browse before I dive into that... oh, what’s that? The Korean drama that I want to watch is updated?” But after I finished the drama, I watched another 20 videos on Youtube and continue to scroll on Instagram until 10pm. But I totally forgot my homework. So you see, it’s so easy to procrastinate!

tomorrow

(noun)

a mystical land where 99% of all
human productivity, motivation and
achievement is stored

I'm not here to say I'm an expert of curing procrastination but I do know a few tricks. The thing is, it is always the hardest to get something started. To combat the problem, you have to tell yourselves, "I'm just going to focus for 10 minutes, just 10 minutes to get this started!" The trick is not to think about finishing the whole thing. But if you just get yourself going, everything else comes naturally. Therefore, don't put too much pressure on finishing a task. But instead, set a small goal and work for 10 minutes. By doing so, the sense of achievement of what you have done for that 10 minutes will motivate you to complete the task.

Another tip on stopping procrastination is to set rewards for yourself. For example, sometimes when I really don't want to work on something, I promise myself a treat after that, like ice-cream and candies. The rewards make me feel more motivated to finish my task. These methods are tried and tested. I use them all the time to complete all my work, including this presentation script.

Dear schoolmates, let's try to better ourselves. Let's try to really put in the time and effort for what is important to us, rather than finishing them at the last minute. You only live once. Cherish your time, and dedicate yourselves to achieving excellence. Don't ever let yourself regret how you have lived your life! Thank you!

S4: 1st place
KWAN Tony 4A
Hip-hop

Yo. 'Time after time. I'm letting ya'll know. Chinese English Cantonese, I'm dope with the flow.' Hold on, hold on. In this generation, Hip-hop is very hot in Asia. Why? Maybe the reason is a show called 'Rap of China'. In this show, lots of famous rappers like MC Hotdog and Kris Wu are invited to compete with each other. But, do you understand Hip-hop thoroughly? Let me tell you now.

Some people may think that Hip-hop is the same as rap. But actually Hip-hop consists of DJ, Breaking and Graffiti too. As you know, I'm a rapper, so I will explain Rap in detail.

To begin with, what is the first impression a rapper gives you? Badness? Rudeness? Now you see me. Do I look like a bad boy or a stupid boy? If you know me, you will say, 'Oh Tony, although you wear sunglasses, it feels dull.' The main reason is you know me so you think I look like stupid. Do you really understand what rappers do? Then how can you think that they are bad? Most of rappers play rap music with love and peace as the theme. So next time you see some rappers, don't show your scared face, it is really impolite.

If you, you, you and you want to be a professional rapper, then work hard on your flow and also be cool by wearing rings, hats, sunglasses and gold chains.' I don't need gold chain, cos I got your respect! Whats up!' Oh sorry. I can't help playing my flow. Okay. Back to my view about being a professional rapper. A good rapper needs many gestures to convey their message. Sometimes you see

Wilson Chu is singing, and you think, 'Oh my God! That voice seems like £%&!' Then you can do this action. It means you think the music isn't good. You want to cut the music.

Let me tell you all one more thing. Sometimes you will see a rapper do this. They are not rubbing their hands to keep them warm. That means they are ready to play their music.

Page | 16

Last but not least, rap gonna sends two messages. 'Love' and 'Peace'. No matter you are yellow, black or white, respect all the rappers and play the rap with love and spirit. That's all I want to share. But hold on.

When I say Tony you say Kwan. Tony! Tony! Tony! Thank you.



S4: 2nd place

WONG Andy 4B

Why do boys love playing on-line games?

Page | 17

Good morning, everybody. This morning, I felt very tired. I struggled if I could be absent from school. Although I am standing on the stage, I am quite distracted now. Sorry, but I am thinking how to comfort my girlfriend. She had complained about me ignoring her WhatsApp messages last night. She had sent me her selfie and asked if I could tell the difference between her old and her new image. Gosh! How I could tell that she had her hair cut by 1cm! Guys, have you met this problem? I tried to reason with her but you know... She still thinks that on-line games win over her. How can I tell her, to all boys, on-line games are really our everlasting lovers?

The importance of online games for boys is like Korean TV dramas for girls. Do Min Joon Xi! Joony Ki Oppa! Min Ho... Playing online games is more than a hobby for boys. We can have fun, be entertained, or even get friendship from them. In fact, it is frightening when you are with your girlfriend. However, when we are playing online games, we feel very relaxed. We can forget all kinds of stress for a while. Nobody wants to lose. All boys want to win the games. Games can stimulate all male animals' basic instinct, that is, being a winner. The sense of accomplishment we get after winning the game is unique. It is the most important reason why boys could never part with online games.

Besides, online games are our friends. There are lot of new games launched every year and it is like we are excited to meet new friends. They give us a sense of freshness. They fill up our craving and emptiness every long quiet night. Who could walk with us in the journey of life? I am afraid our answer goes without saying.

All in all, online games have definitely been blended into our life. Nobody can separate them from me. Oh, no! I just got a text from my girlfriend. I promise I will answer to her message in 5 minutes. But let me just unwrap this new Xbox disc first.



S4: 3rd place

YUEN Abby 4D

Are single parent children inferior?

Page | 18

Good morning, Principal, teachers and fellow schoolmates.

Imagine if I gave you a pen and a piece of paper, and asked you to draw a picture of your family. What would you draw on the picture? I will give you a few seconds to think about it. In your picture, I'm pretty sure there'll be you, of course. How about the rest? One thing that I especially want to ask: Will there be both your mom AND dad?

In fact, according to a survey, 1 out of every 12 children comes from a single parent family. While we may think that every one of us have both mom and dad, this's actually quite a surprising figure, right?

Some may think that children who come single parent family are generally flawed and cannot succeed because they don't have a complete family. But this is wrong. Children from single parent families can also be excellent. Take some well-known people as examples. Obama from USA. Nicolas Tse from Hong Kong. All of them come from single parent families, but they are still very successful in so many ways.

Obama is one of the best examples. Although he grew up in a single parent family, he didn't feel inferior. Instead, he knew that his mother would take great care of him and support him in all circumstances, he studied hard and strove for success. That's how he got admitted to the famous Harvard University, then became a lawyer and even the president of United States later. His family background didn't make him feel inferior. On one hand, it shaped him into a good president. It shaped him into a dedicated father. He didn't lose confidence in building a family. He even shared his own experience to the fathers from other families to show them how to be responsible to their families and to be a good father like him.

"I am prouder of my years as a single mother than of any other part of my life."

—J.K. Rowling

From the above, we can see that children from single parent families can also be successful. They can also become Obama one day. Coming from a single parent family shouldn't be shameful or a topic for us to tease others. Because single parent kids can be role models for the next generation one day.

S5: 1st place
LEE Vaness 5B
Be yourself

Page | 19

Good morning everyone. Let me have a quick survey before I start my presentation today. So, listen carefully. Please clap your hand if you think I am pretty. (I clap for myself and sigh) Speechless. Alright, once again, please clap your hand if you think I look exactly like an African because of my dark skin colour. Seriously, I have never seen you guys being so energetic in the morning assembly but anyway, thanks for the big hand.

The message that I want to convey is one should have faith and confidence in oneself and that's what make you special. In fact, I think I have already get used to my friends making jokes of my skin colour. Some of them even asked me to wash my face with bleach or asked me if I have ever been discriminated against because I am a 'minority' in the society. Yes, I know, they are really mean. But to see it from another perspective, they are actually quite creative. Well, there's no point spending time and tears on those judgements. I will not become an African simply because of you teasing me all the time.

In fact, I did spend some time thinking about why people make fun of others. Jealousy can be one of the reasons. People may mock you about your talent, your appearance or even your relationship with others. In other words, you have something unique. I truly believe that everyone is special and we are all born to shine. So, stay true to yourself.

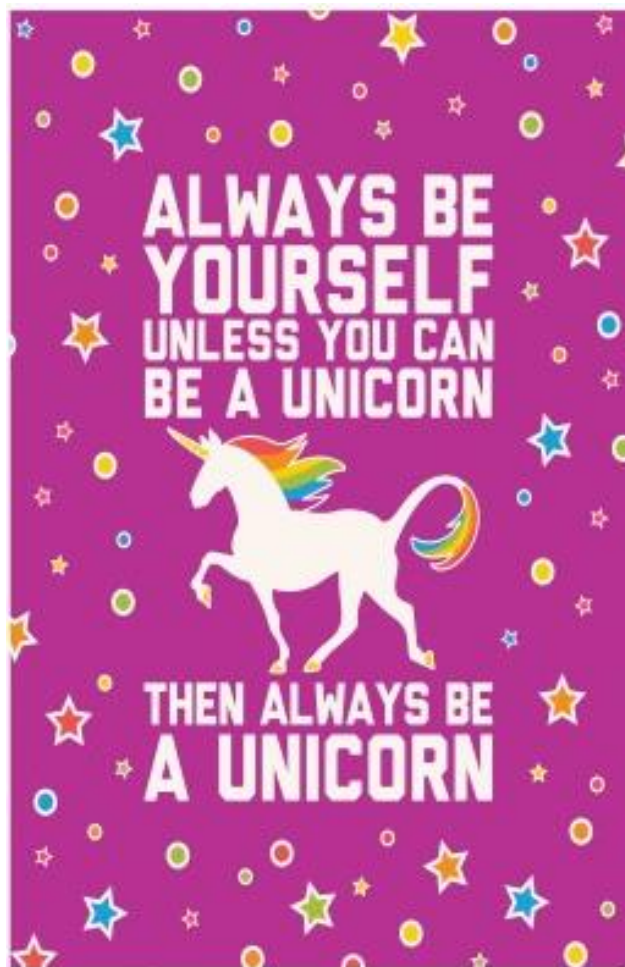


On the other hand, there are some people who do it on purpose. They mock you to make you feel frustrated. If you end up showing some negative emotions, haven't you just fallen into the traps that they have set? Instead of weeping, you should smile at them and face them with a positive heart. They will surely get tired of it if they cannot achieve their purpose after a few attempts.

Even though I have suggested that you can ignore these people, you also have to distinguish whether these judgements are certain areas that you may need to reflect on or just a little game between you and your friends. No one is perfect, some criticisms may really be something that we have to make improvement on. Again, to see if from a positive perspective, those negative comments help us grow and become a better person. For those that are just having fun among friends, simply have a giggle

and let them go. That laughter will surely be a sweet memory when you look back in life.

Page | 20 To conclude, there are only two types of people in the world: those that like you or those that dislike you. It is impossible to make everyone have a good impression of you, so just relax and learn to live with all the positive and negative comments. Life is short, spend time on what is worth and be proud of who you are. I hope my sharing will bring you some inspirations. Thank you.



S5: 2nd place

TSANG Eric 5A

Can Donald Trump make America great again?

Since Trump was elected as a president last year, everyone makes jokes about his wealth, family, policies, anything about him, but what do we know about him? And the most importantly, what is he thinking of?

President Trump always says he will make America great again. People always make jokes about it. Not many people I know would think deeper about his speech, especially his policy to every country. Let's take a look of the problem that America is facing. Now they are facing low income, and an influx of illegal immigrants, and refugees.



You can't do much without income but America has a high unemployment rate. Every American has to pay many different taxes, even though they may not have a job, especially taxes for medical expenses. It is a heavy tax to them. And what Trump does is a deduction on their medical expenses, giving Americans a tax return. Also, he decided that many companies have to hire more Americans, to alleviating the unemployment issue and making America great again.

Second, the influx of illegal immigrants is a bigger issue. Those immigrants create a negative effect for communities. We are not talking about refugees from the Middle East, but about Mexicans climbing over the fences, instead of moving to America in a legal way. What they do is get low paid jobs and thus American workers lose their jobs. They may commit crimes too. It is a safety concern for communities. And what Trump is doing is building a high wall on the borderline. Then, they can't climb over it anymore.

The last problem is one concerning most countries, refugees. Refugees bring many problems to every country in Europe. America has to face this problem too. There are more and more refugees coming into the States to get many financial support. It is an endless loophole for the government. What Trump did is reduce the numbers of refugees allowed to come into the States. By banning the entry of middle-east foreigners, US government can reduce the financial aid they pay to refugees, and reduce the crime rate of refugees. If they don't reduce the number of refugees, then America will become another Sweden, having a high rate of crime caused by refugees.

So what I think is Trump is really doing his job and what he promised. Keep America away from many risks and make America great again. Therefore, before you tease a president, please understand what he or she has done and appreciate first.

Good morning everyone. Have you ever heard of Tabikaeru? Tabikaeru is a Japanese mobile game about a Travel Frog. Even though the game is only available in Japanese, it has been downloaded more than 30 million times following its debut in November last year, with China making up 95% of that. This game has become the No. 1 mobile game in App Store of China.

The game's objective is simple: pack a lunch, maybe a tent, for the virtual frog, and wait for him to come back from his travels with pictures and gifts.

This is a very easy game. It only requires the player to collect clovers to support the frog's travel. When the frog sets off for adventures, the player have to face an empty hut and garden. The player has no way to keep in touch with the frog. No one knows what's happening to him. Periodically the player can receive some snapshots and virtual souvenirs from him being evidence of his journey.

In Tabikaeru, the players can do nothing but support the frog silently. Then the player should patiently, wait and see something unpredictable.

Some may wonder why Travel Frog has become a sudden hit in China. Well, frogs are considered a symbol of fortune and prosperity in China and even parts of Asia. The game is especially popular among women. Some people said this particular game leads them to get a taste of parenthood. The player supports the frog as if the frog were a child. Nowadays, parents take good care of their children but eventually have to let them go their own way. Some people reveal that they like the attitude that Travel Frog carries: living a simple life, no sophistication at all. Tabikaeru is a good example of a game that strives to calm instead of stimulate.

Besides, this game also attracts many teenagers since they are fond of the frog's lifestyle. Just like the frog, they believe in their own choices and decisions. They think they have nothing to worry about and nothing to lose. They think they can achieve whatever they like. They think they are happy rangers.

From the above explanations, I guess you may get some ideas why Travel Frog has swept across China. It is an alternative game for people who feel tired due to heavy workload or suffer from great stress. It's not a competitive game, but a very relaxing one.

Last but not least, Travel Frog teaches me that I should be myself. Some people are afraid of being different and change themselves because of other's criticisms. Learning from the frog, we should develop our true personality. As Steve Jobs once said, "Your time is limited, so don't waste it living someone else's life."



Morning Assembly Sharing

CHAN Katrina 5B and IP Catherine 5B

Virtual Reality and Bullying

Page | 24

Together	Good morning principal, teachers and fellow schoolmates.
Catherine	I am Catherine Ip from 5B.
Katrina	I am Katrina Chan from 5B.
Catherine	We're going to talk about VR technology: virtual reality technology. VR holds enormous potential to change our future in variety of ways from medicine, business, architecture, manufacturing to education.
Katrina	But it seems we mainly think about VR in terms of education.
Catherine	Well...then tell me how to use this technology for education. Tell me something new, something interesting!
Katrina	Ok, then let me tell you a distinctive and unusual use for VR in our daily life: bullying.
Catherine	What?! Experience bullying using VR? Are you kidding me? Lol.
Katrina	Nope! Let me explain: recently I watched a video which was about a group of people who invited some volunteers to a VR experience. These volunteers were bullies and now, using VR, they got to experience being the victim to really feel what it was like to be bullied.
Catherine	Wow what an unusual experience! What happened?
Katrina	Well, after they used virtual reality to see what it was like to be a victim of bullying, they said they had a much better understanding of how bad actions can affect other people. The video was really amazing.
Catherine	Wow. I've never thought about how VR could be used like this. I guess it can help build an understanding between different people.
Katrina	I know it seems like a kind of revenge, but really it's teaching

people to understand what it's like to feel the same thing that someone else is feeling.

Catherine Wow amazing. I think this kind of education can prevent more bullying happening at school.

Katrina I agree!

Page | 25

Catherine VR technology is not just for gaming but can be used in lots of different ways. So don't think we are just playing video games all the time when we're using VR, maybe we are actually educating ourselves!

Katrina Well, just kidding. But it's a really interesting way of using new technology. Also be kind to everyone you meet, we're all fighting hard battles! And remember, as the movie Wonder said: Don't bully others!



CHENG Hazel 3A
Money and Happiness

Good morning, principal, teachers and fellow schoolmates.

I always have questions about life. Let me ask you two of my questions. The first one is, "Do you want to have a lot of money?" The second question is, "If you have a lot of money, but you lived a very unhappy life, then do you think money is still what you want the most?"

Nowadays, making money seems to be our only goal in our lives. This

social phenomenon has become especially common in recent decades. Some people think that making money and working aimlessly are the only things in our lives. Day by day, their lives become more and more meaningless. Personally, I think that being happy is the most important thing of life because a happy mentality can make you positive. In contrast, money can only fulfil your material needs, you will not feel happiness with negative emotions.

To make your life become meaningful, you should find the ways to be happy. To be happy, you should have a target of your life because the target help with your motivation when you encounter difficulties or become tired of life. If you feel down, you can think about what you are trying hard for. Then you will have more confidence and try your best again. Therefore, goals provide us with motivation to help us succeed in our lives.

I was a lazy student who did not make progress in my teachers' eyes. After I found my aim, I have become more and more hardworking. I am not trying hard to become an outstanding student but I am working towards the thing that I want to do the most. Therefore, I am never confused or frustrated. I am brave to move forward for my future.

“Living without an aim is like sailing without a compass.” Having an aim is just like having a map to guide you to where you want to go. On the contrary you will not know where to go, what you want and why you are working hard if you do not have a goal. If you have a target, please fight for it right now. Be clear about what you really want. In my mind, goals are not difficult to set and realize. Let's achieve our goals. Let me tell you, my target is being an illustrator who can draw and share my ideas to everyone in the world.



CHENG Kyra 5A
Double Eleven

In November, we listened to Mr Dan's sharing of interesting stories about Mathematics. Today, I am going to share with you about four numbers, 1111.

Page | 27

When it comes to 11 of November, what's on your mind? In South Korea, it is Pepero Day, which is similar to St Valentine's day. Young people give Pepero snacks to their friends and loved-ones to show their affection. In mainland China, it has become a special festival which is celebrated among young people to celebrate the fact that they are proud of being single. This day has gradually transformed into an online shopping promotion day since Alibaba launched its first Double Eleven promotion in 2009. Apparently, people have more interests on online shopping than spending the night with their single friends. The concept of shopping on 11th November is not just limited to mainland China, it has spread to other countries and become a Global Shopping Festival. It's not difficult to find shops in Hong Kong following this and have promotions on 11th November.

While many people around the world are overjoyed with the pleasure of shopping for bargains, the Single Day's Festival actually brings a lot of problems. First of all, the Single Day's Festival may lead to irrational consumer behaviour due to the feverish shopping atmosphere. Many people purchase unnecessary goods on 11th November as they believe that the goods are on sale for 24 hours and they have very limited time to make shopping decisions. Take me as an example, I bought some clothes from Taobao and I was excited by the inexpensive price. However, after a second thought, I realized that I didn't actually need them. I was just affected by the advertisements and people around me who talked about the bargains.



The second thing is this: this one day promotion actually leads to huge environmental problems. If you think that the figure that consumers spent is 38 billion in one single day is surprising, the amount of waste generated in just one day may be even more shocking. An estimated 160,000 tons of packaging waste, including plastic, cardboard and tape has been generated. It is sad to know that only a small proportion of the packaging waste will be recycled due to the difficulty in recycling it.

Who could resist the temptation of promotion? However, we should also think about whether we should buy that much. We should think about whether we need the items and how much waste will be generated by our shopping decision. Thank you.

CHENG Tom 4B
The joy of reading

Good morning everyone. Today, I am happy to share with you my favourite pastime. It is reading. Starting from Form 1, I have always been on the top of the most book borrowing list.

First of all, I would like to ask you a question. Why do you read books? Maybe you would say it is for homework or studies. Ha! Ha! My answer is simply that I read for enjoyment.

I love reading both fiction and non-fiction. When reading fiction, I like to enjoy the development of the storyline. While reading non-fiction, I acquire new knowledge. Now, there comes another question. Why don't I just read manga? When reading manga, I just skim through a page full of pictures for a few seconds, and so I find that I cannot remember any scenes.

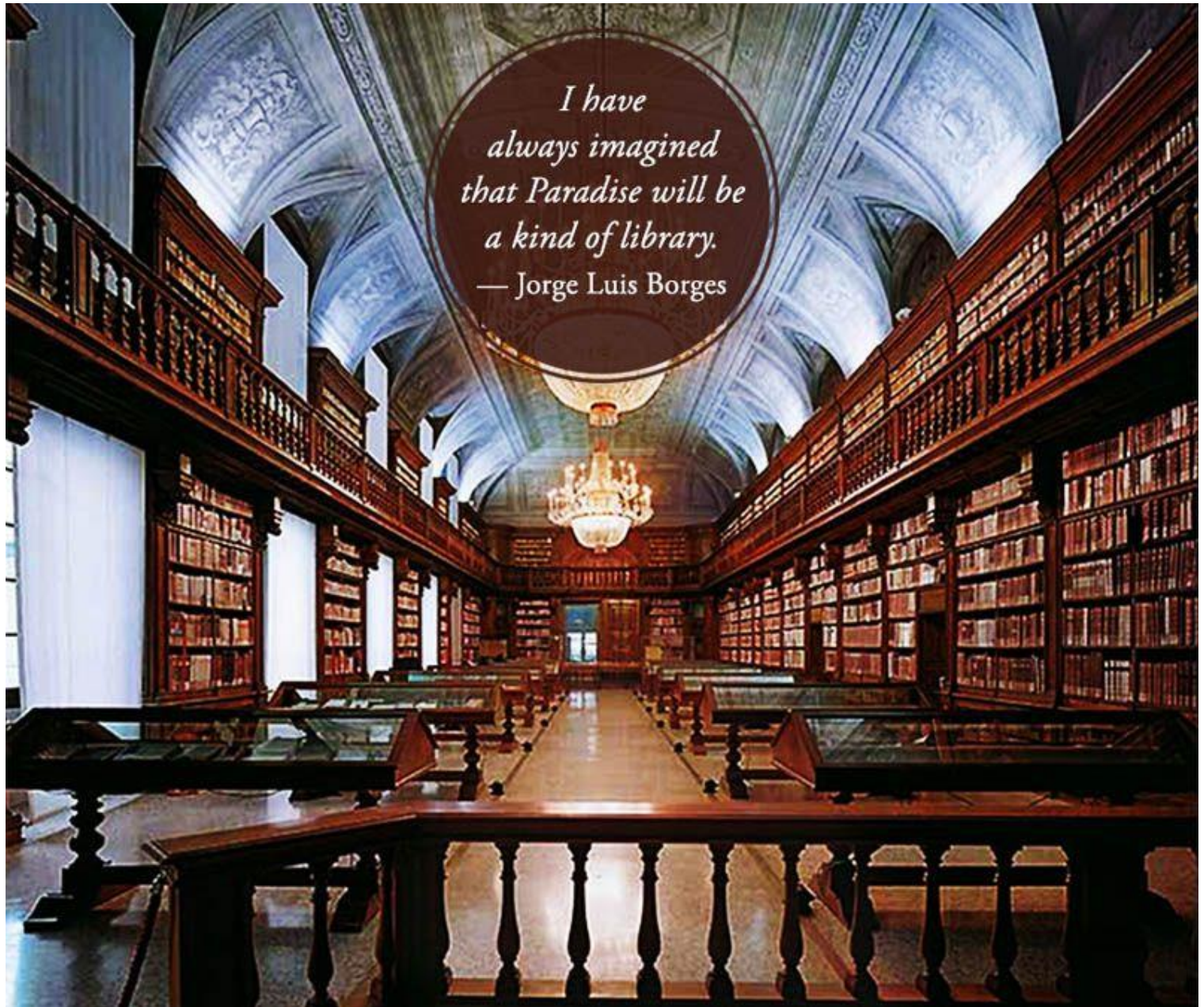
However, reading fiction is different. There are no photos and only words. So I really need to use my imagination. I can imagine what the characters look like. From the writer's words and adjectives, I can imagine the female character who is as beautiful and kind as an angel. Of course, there isn't such a beautiful and kind girl in the real world. Immersing yourself in a dream world is ideal. After I read through the book to the end, I start to imagine it as a movie and play it in my mind. It is quite enjoyable to make my own film in my mind and I can imagine that I am the writer and even change the ending.

I also like reading non-fiction. The great variety of genres make me more knowledgeable. I have read a Chinese book called 為什麼男人有乳頭. This book is about the human body structure. For example, it talks about why men have nipples. It is because a man has XY chromosome and that X chromosome is the reason why a man has nipples.

Do I read for any practical reasons? Sorry. No. I just read for fun. I won't

pick up a book for learning more vocabulary or how to write better.

Finally, I sincerely hope you all to visit the library more often. Just follow your heart and pick a book that you will lose yourself and forget the time.



FUNG Sammi 3C
Sexual Orientation

Page | 30

Good morning, Principal, teachers and schoolmates. Today I am going to talk about a sensitive topic. Have you ever wondered whether you are gay or straight? Actually, it isn't necessary to classify yourself into one type. According to a study, as you grow up, this may change. For example you are attracted to males now, but later you may find females more attractive.

So by now you should know my topic is gender.

First, biological gender means your gender is determined by your biological features you were born with.

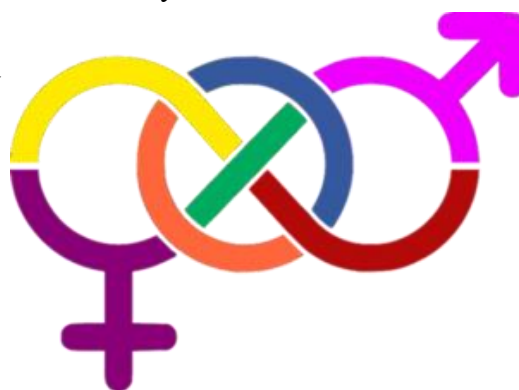
Second, gender identity is how you see yourself. Do you think you are male or female?

Third, social gender is how you are influenced by other people as you grow up. For example, your family tells you boys should be tough and girls should be gentle. We learn to behave like that. It is not natural but social.

So what is our gender? It depends on whether we are talking about biological gender or social gender. Some may be born to love the opposite gender, but some are taught to love the opposite gender. A small number may love both men and women, they are called bisexuals.

As I said before, this preference may change. Please don't discriminate against anyone no matter what their sexual orientation is.

That's the end of my sharing. Thank you.



HAU Connie 5C
My Scotland Exchange Programme

Good morning principal, teachers and fellow schoolmates. I am Connie Hau from 5C. This is the fifth year for me to study in this school and it is really an honour to be able to stand here and have a sharing with all of you. Today, I would like to talk about one of my very precious memories from last year – it was when I went to Scotland for an exchange programme. This 10-day trip made me realize how important it is to be competent in English.

Around this time last year, I was lucky enough to be chosen to participate

in an exchange programme to Scotland for free. It is my first time to leave my family for so many days and to go to such a faraway country. Scotland is so far away from Hong Kong. We had to fly to Abu Dhabi first and took another flight to Scotland. It took us a total of 17 hours to get there. You can probably imagine how far it is. From the moment we got on the plane, English was all around me. The flight attendants, the broadcast from the pilots, the TV channels, the staff at the customs... I was totally immersed in English.

My first impression of Scotland was that it was such an amazing place with breathtaking scenery which was beyond description. One thing that was even more impressive to me was the high cost of living there. On the first day we arrived, we had lunch in a small restaurant. A simple set meal cost \$100, I have never spent so much on lunch in Hong Kong. Forget about the price, eating out was actually a very nice experience. I had to order food and ask for help in English all by myself. Without good English, I would not have been able to understand the menu and would have starved!

The time we spent in the school there was memorable too. We had a rugby lesson one day. The instructor had a strong accent that I did not really understand what he was talking about. When he asked me to answer his questions, I panicked and could not give him any response. I felt so embarrassed at that time and realized I had to work harder at improving my English.

Interacting with the government officials there was a real test for my English. I was so happy that I could have a chance to talk to and take a photo with Dr. Judith, who was the Chairperson for the Scotland Chinese Education Network. She praised me and told me that I was a brilliant student. I had never talked to any government officials: this was my first time and it was in English. How unforgettable it was!

Our visit to Scotland was published in a local newspaper. It really was a once-in-a-lifetime trip that I will never forget. Dear schoolmates, if there is something that you want to do but it seems a bit challenging, do give it a try. Do not underestimate your own ability. The world is so big and do grab every chance that you have to equip yourself for the future so that when you look back, you will have no regrets. That's the end of my sharing. Thank you.



KWAN May 4B

Unfair!?!

Page | 32

Good morning principal, teachers and fellow schoolmates, I'm May from 4B. To be frank, when I think of being able to stand on the stage to give a sharing in English, I'm very proud yet somehow I can't believe it as I can say there's no English in my daily life. All my friends and family speak Cantonese. At school, most of the subjects are taught in Chinese. So, isn't it incredible for me to be able to talk to you in fluent English now?

You may want to know what made me improve my English so much. I remember 2 years ago, when I was still in S2, our school started the first EMI class in 2A. I was lucky, or unlucky enough to be selected to get into 2A, and we had to study Math, I.S., and some units of other subjects in English. Honestly, many of my classmates and I felt it was very UNFAIR. Particularly because when we got into S3, our academic results were so important in determining our priority for selecting our electives. We were very worried that studying other subjects in English would put us at a great disadvantage when compared to those studying in their mother tongue. It was so unfair to the students in 2A and 3A.

But when I went to Australia for the summer immersion programme a year ago, I truly realized the important role English plays in this world. Mastering English can actually help open ourselves to the world, give us a better international sense, help broaden our social network and hence we can have a lot more opportunities than those who can't speak English.



Although at the very beginning, it was really hard for us to study content subjects in English and it took much more time for us to understand the concepts in English, I found that I gradually picked it up and I laid a good foundation in English through getting more exposure to the language. As we are featuring History for the English Everywhere Programme in October, let me take History as an example. For History, there are hundreds of terms, names of historical characters, countries and events that we have to memorize. Many students would say that these dreadfully long words are useless as they can only be found and used in History lessons but not in our daily life. However, if we look at this positively, actually all these words allow us to have more opportunities to train up our language skills, for example, cutting down syllables to pronounce and spell very long words, the use of past tense and the way to describe events, reasons, and express our viewpoints. Remember, the learning of a language will be useful for your whole life and the language skills are the same no matter what subject you are taking. For sure, it's hard, but it's better for us to endure the hard time when we are young than having to face it when we get old.

Page | 33

I still think having EMI classes is so UNFAIR, but not to 1A, 2A and 3A. It's actually unfair to those students who can't get more exposure and don't have more chances to master this life-long useful language. And I'd say I'm lucky to be in 2A and 3A and it would be my wish if I could extend my exposure to English during my senior studies too before it fades away. Thank you.



KWOK Wilson 5B and NG Isaac 5B

Being a friend to the environment

Page | 34

- Wilson Good morning Principal, teachers and fellow schoolmates. I am Wilson Kwok from 5B.
- Isaac I am Isaac Ng from 5b. Wilson, how was your Chinese New Year?
- Wilson It was great for me because I stayed in America last year. Therefore I am glad that I can celebrate the Chinese New Year in HK again.
- Isaac I also had a great holiday but I decided to make it a little bit different this year. I want to be more environmental friendly during Chinese New Year. So I encouraged my mom to put her handmade radish cake and year cake in glass containers instead of plastic.
- Wilson Good! I did some similar things this Chinese New Year too: I collected all the red packet envelopes which I received from my family and relatives and I am going to keep them and ask my mom to reuse them next year. Therefore, we can save lots of paper and be more environmentally friendly.
- Isaac What a brilliant idea! People love to give wrapped gifts. But the gift is still precious without the wrapping paper. So I didn't wrap my gifts this year and all my relatives appreciated my action!
- Wilson Stopping using wrapping paper is a great habit, because it's so wasteful to use that paper only once. Moreover, don't forget the plastic boxes which contain the gifts and food. My family recycled them after the new year, they didn't throw them into trash bin. What about you? Did you have a green Chinese New Year?
- Isaac If you want to be more environmental friendly, you may visit a store called Live Zero, located in Sai Ying Pun. This store sells food, shampoo or bath gel without any packaging. All customers bring their own containers for their purchases. It's an innovative idea and helps to reduce lots of waste.
- Wilson You can be green not only at Chinese New Year but also in your daily life. If you go shopping, bring your own bag and choose products with little or even no plastic packaging.
- Together Let's make our world better together. Thank you.



LAM Matt 4B
More fulfilling holidays

Page | 36

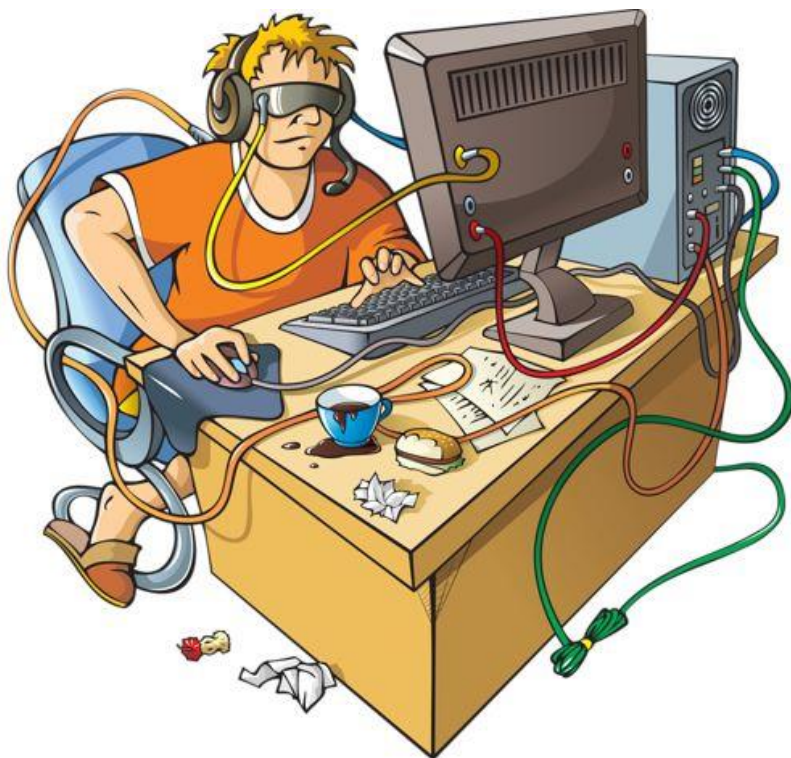
Good morning principal, teachers and fellow schoolmates. Today, I am going to share about 'Holidays'. Did you have a good Easter holiday? What did you do? I hope that you were not just sitting at home playing on computers. Did you grasp the chance to relax your mind? I can tell you that after studying in Form 4, my view has changed: I believe now that going to school would probably be better than having a holiday. Gosh, am I crazy?

In Form 1, whenever I was in class, the humming sound 'holiday', 'holiday' always haunted me. Looking out through the window I tried hard to find 'my holiday'. I highlighted all the holidays in the school calendar. Once a holiday had passed, I crossed it out and looked forward to the coming one. I even counted the days that I needed to wait for the coming holiday. In the school days, I couldn't be myself. My alarm clock dictated my sleeping hours. No matter how blank my mind was, I still needed to listen to the teachers. 'Hand in your homework tomorrow'. That was the most horrible curse. During holidays, my mind was like a happy bird – it was free. I could play on the computer all day long.

Time flies. The small boy has grown up. I have started to think that holidays are becoming boring. Since I am no longer addicted to my computer, I feel itchy if I stay at home for 24 hours. I feel happy when I have to return to school to have tutorials. On one hand, I can learn to fulfill myself. On the other hand, I can see my classmates.

I enjoy getting along with them. I am eager to live a more active, meaningful life.

My dear fellow schoolmates in junior forms please go out more with your friends. Don't just glue your eyes to computer screens. There is a uniform test starting tomorrow. Please study harder and don't waste your time.



LING Jack, 1A
Timeless burgers!

Good morning principal, teachers and schoolmates. I'm Jack Ling from 1A. Do you like eating food from McDonald's? Today, I am going to tell something you may not know about McDonald's. Page | 37

When Ms Lau first told me that the food from McDonald's can be kept for 12 years. I had a big question mark in my head and started to do some research. Have you ever thought how long we can keep a burger or French fries from McDonald's?

An Icelandic man purchased a burger from McDonald's before the last chain closed down in 2009 and he donated that to the National Museum of Iceland for a display for 3 years. The picture taken in 2015 shows that both items had not gone mouldy.



The man who made the movie *Supersize Me* also did an experiment to show that other burgers rotted after a few weeks but French fries were still the same even after 10 weeks.

I kept searching and found some balanced research from a Singaporean lady. She put a homemade burger, fries, a McDonald's cheeseburger and McDonald's French fries in a jar separately and she found some different results. The homemade burger rotted in 3 days while the McDonald's burger turned mouldy after 3 weeks. French fries from McDonald's rotted in 1 week only.

Therefore, the findings show that food still gets mouldy in some places more quickly but they do the same in some places slowly because of the temperature and the humidity. The higher is the humidity, the quicker the mould grows. So burgers in Singapore grow mould quicker and they stay intact for over 10 weeks in some places like The United States. It takes a longer time for microbes to grow. However, it is not the case in Singapore, which is also a tropical place like Hong Kong, so the mould grows faster.

The lady concluded that preservatives, the chemicals to keep food longer,

is found in both buns from McDonald's and also supermarket shelves. Of course, we cannot deny the presence of preservatives in the food from McDonald's. Anyway, junk food is not a healthy choice in terms of the level of saturated fats, sodium and sugar. If you come across any more interesting facts about this topic, you can always come challenge me! Thank you!

THE LAST McDONALDS IN ICELAND

THIS BURGER WAS MADE 8 YEARS, 7 MONTHS, 0 WEEKS, 0 DAYS, 4 HOURS, 37 MINUTES, 27 SECONDS AGO



LO Terry 3D

What I Have Learnt From My Friends

Good morning Principal, teachers and fellow schoolmates.

Over Moral Education Week, with this purple booklet, I have truly cultivated a sense of appreciation for others. I have realized that there are a lot of things I like about my friends. Today I am going to talk about what I have learnt from them. Let me ask you a question. Have you learnt anything at all from your friends? Have you? Have you? Other than how to win a computer game, of course...

Well, I have a friend. Her name is Karen. Karen wants to be a chef and is passionate about cooking. From her, I have learnt dedication. She learns new recipes and cooks soup every day. I admire her passion and dedication for something that she loves.

I have another friend. His name is Oscar. He is extremely honest and trustworthy. Let me explain to you why. One time, I sang a song to him and asked, "What do you think about my singing?" He replied, "Not good, man!" So I asked him, "Don't you care about my feelings?" "No. No I don't," he said. "Do you wish you could take it back?" "No. No, I don't. Your singing is really bad. It's a fact. I am honest because I care about you! You won't try harder if I lie to you!" Although Oscar can be brutally honest, it also makes him a very trustworthy and dependable person. I envy

this quality of his.

Other than my dedicated and honest friends, I have also got Jacky, who is the nicest and most kind-hearted person I know. Whenever I face obstacles in life, I always go to him for advice. I am truly lucky to have Jacky as my friend. I love his heart of gold

Page | 39

To conclude my sharing, I would like to say that other than appreciating others, most importantly, we need to also learn to love ourselves. It is vital for us to value what we can bring to the table. Often, we are overly critical of ourselves and we lose confidence. But it stops now! So, fellow schoolmates, don't stop believing in yourselves! If you would like to share about your friends' amazing quality, feel free to share with me. I'd love to hear about them. Thank you.



LO WING Sing 1D
Friendship

Page | 40

Good morning Principal, teachers and fellow schoolmates.

Today, I'd like to talk about friendship. I think everyone has at least one friend, right? I also have some friends. A friend can help you with many things. A true friend always stands together and helps whenever you need help and support. Not only do they share your happiness and sadness, they also spend time with you and play with you. A true friend never leaves you alone, especially during the difficult times of life.

I have a good friend. She is very kind. And she is patient to teach me how to do my homework. We always go to school together. I feel comfortable sharing thoughts, ideas and personal feelings with her. Good and true friends care about our feelings. They are not selfish. Rather, they are generous.

What about bad friends? Bad friends may teach you some bad things. They may ask us to do something bad and illegal such as taking drugs, smoking and bullying other students. If we always hang out with them, our academic performance and characters will be adversely affected. Besides, bad friends never care about your feelings. They are selfish and care only about themselves.

True friendship is priceless. It is a precious gift from God. So we have to cherish our friends. But remember, do cherish a good and true friend, not the bad ones.



CHEUNG Maggie and CHOW Michelle 6B**High School Memories**

Page | 41

- Both Good morning, principal, teachers and fellow schoolmates. We are two Form Six students.
- Maggie Hi, Michelle.
- Michelle Hey, Maggie.
- Maggie Michelle, our secondary school life will come to an end very soon. Yesterday I recalled many things that happened in my school life during lessons.
- Michelle I did the same last week. So, what were they?
- Maggie I remember the busiest days here. It was in Form Six. There were homework, papers and quizzes every day. School started after the morning assembly and soon quizzes started to follow until the end of the day and it was suddenly already 5pm. I needed to do revision every day. You know, that stunning scene of everybody sitting in the classroom was still vivid in my memory.
- Michelle I believe that every F.6 student has had such experiences. For me, my busiest days were the days that I was a prefect, a librarian and a choir member. All my breaks were occupied by my duties and practice. I didn't even have time for my lunch.
- Maggie I was a prefect too. My first assembly, you know, was the first time for me to stand on the stage in front of the teachers and schoolmates. All the eyes were looking at me. I was worried that I would make mistakes. But I had to pretend that I was very confident. I think I stumbled but I could still finish it.
- Michelle I know, that must be very frightening. Even now, I still remember the first day in LCCS. Everyone was a stranger. It was hard to make friends with others or even talk with those new faces as I was very shy. But now, I don't feel so shy. I have made a lot of good friends and we do something insane sometimes.
- Maggie I think the most miserable thing was that I could pass my Chinese quizzes and tests but I could never pass my Chinese exams...
- Michelle That's so weird. I want to tell you my most regrettable thing. I almost beat the number 1 student (that's Kitty Chan, she's in 6D now) when I was in F.3. If I had got one more mark in Chinese History, I could have become the number 1.
- Maggie So sorry for you, Michelle.
- Michelle Forget it. Ok, how about the happiest thing?
- Maggie We have done so many things over the years but my happiest thing was having the school picnic with my classmates. Many of the classmates are very humorous and friendly. I couldn't help laughing a lot while hanging out with them. It really helped me relax.
- Michelle I must tell you my most embarrassing moment. It is about my name. You know, I have the same name as someone else. In the PE lesson, Miss Lee called "Michelle". I thought that she was calling me but she was calling Michelle Wu in 6A. Our Chinese name and English name are also the same. How can I tell when someone is calling Michelle or Mei Suet?

Maggie There were many unforgettable moments over the six years.
Michelle I will miss my life here.
Maggie I will also miss my teachers and friends. We hope that all the Form 6
DSE fighters have satisfactory results and work hard for your future.
Thank you.

Page | 42



MAN Rachel 1C
Volleyball

Good morning principal, teachers and fellow schoolmates, I am Rachel from 1C. Today, I want to share with you my passion for one of the most exciting team sports. Can you guess what it is? Let me give you some hints. It is a group activity that needs six players, and you can't let the ball drop on the floor. I think you already know the answer. It is volleyball!



Volleyball is very popular among our schoolmates. Many students love to play volleyball during recess and after school, because it is a fun activity to do with your friends and it's quite easy to learn. However, it is really not easy to be a good volleyball player.

There are a few important things that you need to do if you want to be a good volleyball player, and team member. First, you need to be reeeeeeally hard working! In the process of volleyball, training and physical fitness is essential, therefore, you must not be lazy. Second, you need to devote your time to the sport. Team training and competitions are time consuming, but you will surely enjoy the process with your teammates. Also, you need to have perseverance. Last week, I watched the A-grade volleyball competition. One of our S6 schoolmates sprained her ankle during the game. But she didn't give up. The whole crowd cheered for her and it deeply touched my heart. Our school won the championship at last.

Seeing our senior schoolmates playing volleyball totally changed my attitude towards volleyball. I hope I can pass on this spirit of sportsmanship.

SUM Nicole 5C
Jewellery Design

Good morning principal, teachers and fellow schoolmates. I am Nicole Sum from 5C.

Today, I would like to share with you what I have learnt in a jewellery design competition. First and foremost, I would like to thank Mr Chow for choosing me to join the competition and giving me much assistance in the process. Without his help, I wouldn't have been able to become the champion in the competition. I am so lucky that I will be given an award which is a real set of jewellery pieces following my design.

To be honest, I was quite a passive student and I had never joined any open competition before this. Although our teachers had always told us that the experience of joining competitions would be useful for our JUPAS application, I was still too lazy to join them as I didn't believe that I could be a winner. After Mr Chow told me that I was chosen to take part in the competition, I did some research online about the organiser of the competition -Arte Madrid. I then realized that it is an international jewellery company from Spain. I started to question myself, 'Would my design be appreciated by an international company?' 'Am I talented enough to design a set of jewellery pieces, including a necklace, earrings and a ring?' 'There must be someone better than me. Am I wasting my time on something meaningless?' I didn't have much

confidence at that time but I just told myself that I needed to trust myself no matter what. As I didn't expect to get any awards, I was quite relaxed and just tried my best, hoping to see how far I could go. In those four to five months, I attended a talk organized by this company and spent numerous hours doing research about jewellery to get more inspiration. I finally came up with a design- 'Water Droplets on a Spider Web'.

I was overjoyed when I was told that I was the champion. Luckily, I didn't give up in those 4 to 5 months, I realized that taking the first step is important. Just go for it and don't miss any chance to explore your own talents! You may not be winning all the time, but if you never try, there is no chance to taste the sweetness of winning. After the competition, I have decided to further my studies on design in the future. In the designing process, I got to understand my weakness too. I found that I am not good at 3D designing so I decided that I would learn more about it in my future studies. I need to work harder on my DSE now in order to get into the programme which I am interested in. I hope you will also take your first step to join more competitions.

It's never too late to join one. Thank you.



TAM Karen 5B

Coco

Good morning, principal, teachers, and fellow students.

Have you ever imagined seeing your ancestors? Like meeting your great—
great-grandmother? Page | 45

Today, I'm going to share the latest Oscar winning animation film with you, it's called "COCO".

It is about a young boy called Miguel who longs to sing and play guitar just like his movie-star hero.

But there's a problem: his great-great-grandfather was a musician, but he broke his wife's heart when he left his family to follow his dream. Since then, she has forbidden anyone in the family to play music.

So, Miguel has to fight for his dream and break this family rule. He even accidentally travels to the land of the Dead to face his great-grandmother herself!

Actually, Coco focuses on two intertwined themes: the importance of family and the power of music.

Near the end of the film, one of Miguel's deceased ancestors tells him, "Never forget how much your family loves you." The film delivers the unmistakable message that cherishing our family here and remembering those who have passed on are both important.

Music is also shown to be a positive, life-giving force, even though Miguel's family is initially suspicious of it. However, most of them are finally touched by Miguel's song and want to help him to get home.

To conclude, I think 'Coco' is an inspirational movie and I really want to recommend it to all of you.

Even if you think a cartoon movie is not your cup of tea, you should definitely watch it because this movie will totally change your view!

This is the end of my presentation, thank you!



Good morning Principal, teachers and fellow schoolmates. I am Lucia from 1D. Today, I am going to talk about bullying. Before I start, let me ask you a question. Have you ever been bullied? I hope not.

First, I will tell you what bullying is. Bullying is when someone keeps doing things or saying things to hurt other people on purpose repeatedly.

Secondly, let's look at different types of bullying. I will concentrate this talk on physical bullying and verbal bullying. Physical bullying means someone hurts others' bodies or possessions. Let me give you two examples - pulling someone's hair or destroying someone's things on purpose. Now, let's take a look of another type of bullying – verbal bullying. Verbal bullying is when someone says something to hurt other people, such as name calling like fatty or fatso. You never know how sad it is to be called names. Another way to hurt someone is to spread rumors and to pick on their weaknesses to laugh at them continuously. That's very immoral.

Lastly, why don't I tell you what the bullies and the victims look like? The bullies are usually popular in their circles and are very inconsiderate. What about the victims? Victims are usually lonely, shy and not popular. Therefore, the bullies will think they are easily to be bullied.

So, you all know something about bullying and I hope there won't be any bullying in our school.

That's all I want to say. I hope you did enjoy my presentation. Thank you.



YIP Eunice 1D

Christmas!

It's December! It's hot chocolate season! No, I mean it's Christmas time. In a week's time, we'll be off school and it'll be Christmas day! When we talk about Christmas, what would you think of? Holidays? Santa Claus? Christmas songs? Or Christmas trees? I'm sure some of us are thinking about the presents you want to get. How many of you have made lists of things you would like for Christmas? Or maybe you've just been giving tips to your parents, like keep talking about an iPhone 10, a new schoolbag, or maybe a DVD you really want?

Page | 47

As I have been around school over the last few days, I have heard lots of people talking about what they are getting for Christmas... ..or at least what they want to get for Christmas... Some people have talked about a new smartphone, some about getting a new computer game, some about getting a new watch, and some about getting a new Superdry jacket, but I haven't heard anyone talk about what they are getting others. For me, I really enjoy the giving side of Christmas.

As an old saying goes, it is more blessed to give than to receive.

There was once an experiment. A psychologist and his colleagues gave students at the University a bag containing money and told them that they either : (1) had to spend the money on themselves before 5 p.m. that day or (2) had to spend the money on someone else before 5 p.m. The results show that those who gifted for others were happier than those who gifted for themselves.

They found that spending money on others predicted greater happiness whereas spending money on oneself did not, and this pattern was found across all income levels. Instead of thinking about what to get for Christmas, why don't we think about what we could do for our loved ones at Christmas?



The Press

Our students have become published writers.

Read all about it in the Young Post!

Page | 48



CHAN Emily 4D

Young Post p.2, Monday 30 April 2018

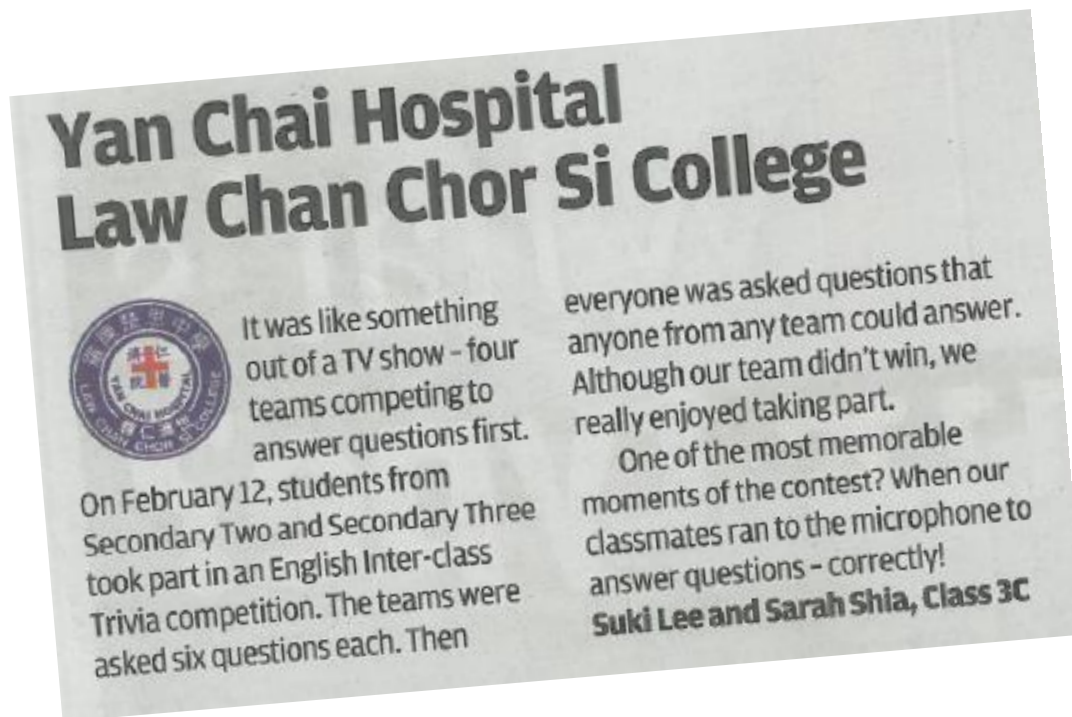
Roll Call: English Activity Day

CHAN Emily 4D
Young Post p2, Monday 7 May 2018
Roll Call: English Cafe Kiosk



LEE Suki 3C and SHIA Sarah 3C
Young Post p.2, Monday 19 March 2018
Roll Call: S2-3 Inter-class Trivia

Page | 49



WONG Mini 5C
Young Post p.10, Friday 27 April 2018
Top 10: Noise



CHUENG Gary 5C

Young Post p.8, Friday 20th April 2018

Top 10: Animals



WAN Bosco 3C

Young Post p.8, Friday 23 March 2018

Top 10: Inventions

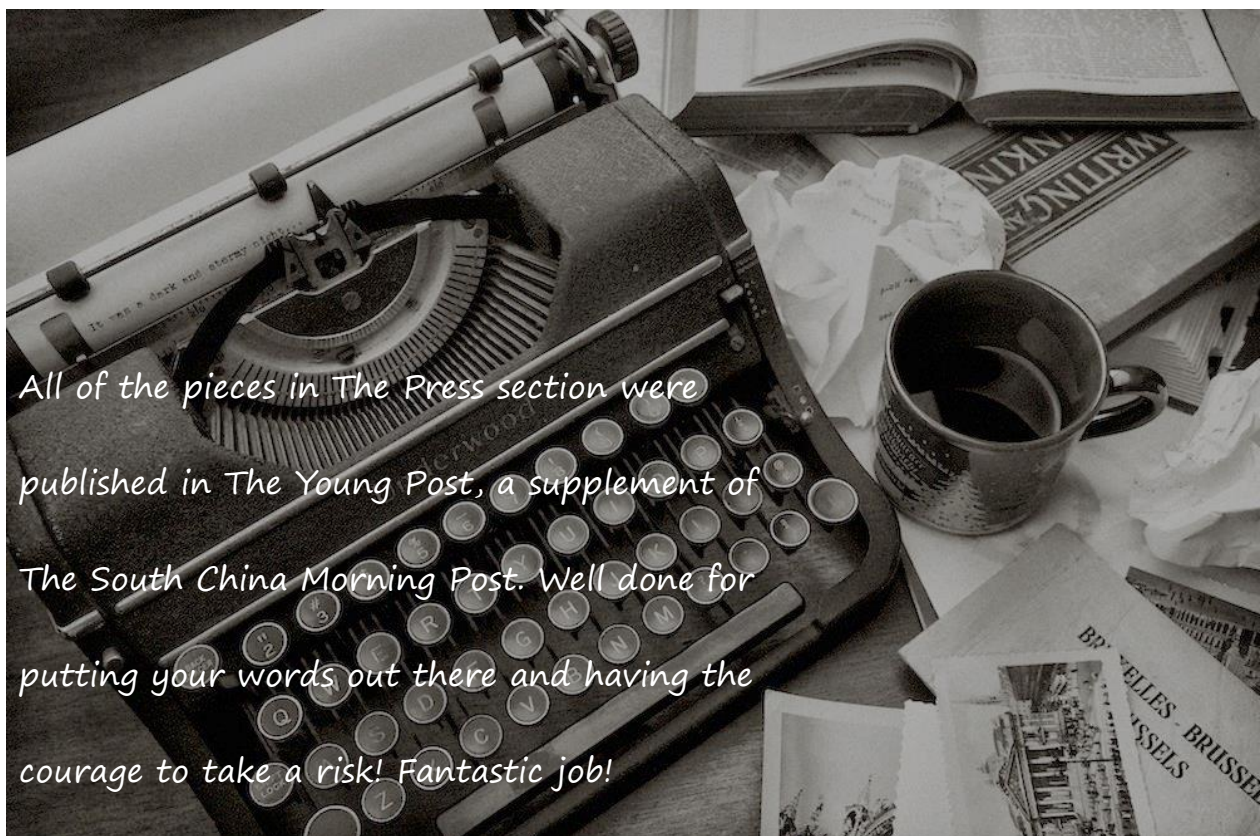


WEN Paul 3C

Young Post p.8, Friday 25th May 2018

Top 10: Superheroes

Page | 51



Thank you, students, for all
your hard work.
We hope you enjoyed the
pieces!

