



*Yan Chai Hospital Law Chan
Chor Si College*



The Pieces

2025

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Thank You, from Mandy



Vote of thanks

By Pan Shuk Ting, Mandy (6A)

Good morning, Mr. Edmond Cheung, Ms. Law, managers, guests of honour, Dr. Yeung, parents, teachers, and fellow students.

As we gather to celebrate this significant milestone in our lives, it is my honour to represent all graduates and express our heartfelt appreciation to those who have played a paramount role throughout this incredible journey. Hey, my fellow students, what a journey it has been! Please look around this hall you're in now. It has witnessed the sweat you shed during PE lessons and the nervousness you felt during assessments. Yet today, this place is witnessing the beginning of your new chapter.

Undoubtedly, our school has always opened doors for us to grow into our best selves. My memories from last summer still linger in my mind. With the aid of our school scholarships, I was fortunate enough to participate in the Australia Immersion Programme. During those two months, I was immersed in a completely different studying atmosphere and lifestyle. I made a bunch of lovely friends from different countries and met my warm-hearted host family. I will never forget the splendid view in Hervey Bay! Our school consistently provides us with valuable learning experiences both inside and outside the classroom. I feel incredibly grateful to learn and grow in Law Chan Chor Si College.

To all our dedicated teachers, your commitment and passion for education are truly inspiring. You have not only imparted knowledge but also cultivated our curiosity and creativity. Thank you for believing in our potential, even when we doubted ourselves. To encourage us, Mr. Tsang and Mr. Santospirito played musical instruments in the singing contests. And let's not forget those brave teachers running on the basketball court! As a basketball player, I distinctly remember the teacher-student match three years ago. We played against our principal, Dr. Yeung, my class teacher, Miss Kan, and many other teachers. Even though they might not have clearly understood the rules or possessed dribbling skills, they demonstrated that learning

extends beyond the classroom and that fun can foster a deeper connection among teachers and students.

To my fellow schoolmates, we have navigated the challenges of exams, celebrated achievements, and created countless memories that will last a lifetime. I hope you will remember the three days and two nights we spent together in Zhongshan, the cheers we gave our friends in the stadium on sports days, and the invaluable memories we created and shared at LCCSC.

In the past six years, I have taken on various roles, including Prefect Leader, class monitress, Eng Cap, and team member of the school basketball team. All of these positions have allowed me to interact with different students and get to know each of you better. I cherish the laughter we have shared and the challenges we have overcome. Each one of you has left a mark on my heart.

Once again, I would like to extend my sincere gratitude to our resourceful supervisor and managers, dedicated teachers, supportive parents, and amazing schoolmates. Your encouragement and guidance have been invaluable in shaping our growth. Together, we have created lasting memories that will forever hold a special place in our hearts.

To my fellow graduates, as you embark on new adventures, may you embrace every challenge with courage and pursue your dreams with passion. May your paths be filled with success, happiness, and fulfillment. Remember, the world is yours to explore, and you have the power to make a difference. Here's to our bright futures! Thank you!



Public Speaking

Contest, S1



My Dream Pet



By Li Hoi Ching, Vivian, S1 Group 1 -1st Runner-up



Good morning judges, teachers and fellow students. As a newcomer to LCCSC, I've already made a lot of new friends. I know in 1A, Huey, and Elly have a cat; and Elly and Zarina even have three tortoises!

But I have never had any pet in my life....

So one day, I asked my mum if I could keep a pet, and I told her about my dream pet.

Some of you may want your pets to look not that smart. However, my ideal pet is absolutely intelligent. It is a fluffy and playful fox. I would name her Willow. This name is inspired by the trees growing near rivers with long and thin branches hanging down.

Willow would have a beautiful bushy tail and bright eyes that shows her lively personality. Imagine holding Willow in the cold winter.... OH! It must be very warm to cuddle!

Then my mom asked me how I would take care of Willow.

'Mommy, you know, keeping a pet can help me become more responsible. I'll create a safe and spacious environment for her to explore and play. I'll provide her with different toys, probably some insects as well, to stimulate her mind and encourage her instincts.'

'Also, I'll ensure she has a balanced diet with fresh fruits, vegetables, and high-quality protein. I'll also make sure there'll be cozy cuddle sessions at home to deepen our bond.'

I'm sure my detailed plan of keeping my dream pet has impressed my mom because for her first time, she said, 'Okay, I'll think about that.'

Finally, the day has come! With excitement, I opened the bag to have a look of my first ever pet....

Oh!!! It's soooooooooo cute! It's a Capybara!! Although it is not a fox, it's still warm to cuddle! Now, this Capybara has become my dream pet. Thank you Mom!



Being a Night Owl

By Koo Pak Yin, Jerry, S1 Group 2 -2nd Runner-up



Good morning, I am Jerry from 1B.

What time did you go to bed yesterday? 11:00? 12:00? How many of you go to bed after 12:00 am? Please raise your hand. Wow! There are many night owls in our school. A night owl is someone who likes to be awake at night.

I am a night owl and it is not difficult to find other night owls in our class. To name some, we have Oliver, Ancy and Kevin. Sometimes we play our favourite online game 'Honor of Kings' until 2 am, right?

There are actually a lot of good points of being a night owl. To start with, we have more time to connect with friends every day. As we are night owls, we don't get tired easily after we finish our homework. When our parents are asleep, our online parties begin! Nobody shouts at us when we play online games.

Next, many people say that I cannot grow tall because I stay up late.

Do I look like a primary school kid? There are many pros of being short. The form 3 and 4 schoolmates always say that I am very cute and they always take care of me.

Sorry guys, I am just kidding. I am setting a very bad example for you. To be honest, there are many bad points of being a night owl.

Firstly, I cannot focus in lessons. I always fall asleep in the lessons. I only got 17 out of 106 mark in my English reading exam so my mum and Ms Shek got mad at me.

Next, teenagers' growth may be affected by not getting enough sleep. If we do not have enough sleep, we can't grow healthily. We should have at least eight hours of sleep every day.

If you want to grow taller, feel good and stay focused in the lessons, don't be a night owl! Be an early bird!

My Dream Boyfriend

By Choi Sui Yan, Yan, S2 Group 3 -Champion



Good morning, Principal, teachers and fellow students. I am Yan from class 1C. Today I am going to talk about my secret, My Dream Boyfriend. Hey! What does your dream boyfriend or girlfriend look like? Is he or she very good-looking? It is an interesting question to think about, right?

Now let me share my dream boyfriend with all of you. Um... My dream boyfriend doesn't have to be very good-looking. What really matters to me is his personality. I like someone who is humorous, generous, supportive, empathetic... and so on, so that I can get along with him well. I also appreciate a gentleman. When I dine out with him, he can pull out a chair for me and says, 'Hey, My Sweetheart, please take a seat.' It's so sweet. Don't you think so?

What about his job? I hope my dream boyfriend will be a chef because I like cooking and eating desserts very much. If my boyfriend is a chef, we can cook together at weekends. On his birthday, I will make him a birthday cake, placing the candles in a heart shape and bring it to his home. 'Hey! My Sweetheart, surprise!' I guess he will be very surprised when he sees what I prepared for him.

Next, I would like to have a boyfriend taller than me, maybe about 170 cm tall. Although my boyfriend doesn't have to be handsome, he should have a good fashion sense and know how to dress well. Of course, he needs to be romantic and sweet too. He would always greet me with a smile, wrapping me in a hug and a kiss each time we met.

It would be great if he could surprise me with handmade gifts that express his love and creativity. Imagine receiving a bouquet of handmade flowers or a written letter from your boyfriend. You must feel so much loved and cherished when you receive these heartfelt precious gifts. It is also important that my dream boyfriend is brave and carefree enough to be a person who can dance and sing crazily even though he is not the best at it.

What do you think about my dream boyfriend? I believe that I will meet him one day in the future. This is the end of my sharing today. Thank you for listening!



Adolf Hitler

By Ko Ming Yui, Jeff, S1 Group4

Adolf Hitler was born in 1889. He is a famous dictator in the world. What is a dictator? A dictator is a leader who has complete power in a country and has not been elected by the people. Everybody needs to listen to this leader. When he was 18, he applied for admission to the Academy of Fine Arts Vienna but was rejected twice. In the same year, his parents died and had no job. He lost all of his income. He became a vagrant.

Soon after, World War I began, Hitler had no jobs so he joined the army. Since Austria-Hungary and Germany were allies, he joined the Germany army. 4 years later, Germany surrendered. It lost. Hitler was sent to the German Workers' Party to become a spy. One day, Hitler accidentally made an amazing speech at the beer hall. The leader of the Workers' party let Hitler be the leader of it. Hitler renamed it National Socialist German Workers' Party as known as the Nazi.

He then led the Nazi to the beer hall since he wanted to start a revolution but German arrested him. He was almost sentenced to death. After the prison term, he went to candidate for the Prime Minister of Germany. After a few years, the president of Germany Hindenburg died so he became the Vice President at that time. He was finally the president. He got the authority to combine president and Prime Minister to fuhrer, which means the head leader in German.

He invaded Poland and many other European countries. He also wanted to control some parts in Asia. Between 1939 and 1945, there were numerous plans to assassinate Hitler, some of which proceeded to significant degrees. In 1945, Hitler committed suicide at Berlin with his wife. The other Germany officials surrendered. The World War II in Europe ended in 1945.

At this moment, you may ask me, do you think Hitler is a good person?

I just want to say I personally admire Hitler's talent in making speeches, however, I learnt not to be greedy. The more things you get, the more things you have

to pay in the future. Behind all these, we should not forget what he did in the World War II.



3 Reasons Why I Don't Want to Get Married



By Gu Yujun, Mark, S1 Group 5 –Most Popular Speaker

Good morning, principal, teachers and fellow schoolmates, I am Mark from

1A.

Today I would like to talk about a rather serious topic which is related to our future life. Before that, let me ask you a question. Have you ever thought about getting married when you become an adult? *(response from the audience)*

A lot of people say that getting married is a very important stage of our life. But I am quite hesitant about that and I don't think I will get married. Let me tell you three reasons why.

Number 1: As a responsible man, when we get married, we need to spend more money. When we go shopping with our wife and we need to buy cosmetics, bags and some other things for them. That will make us spend more money. When we eat out, we need to spend more too because we need to pay for the price of 2 people. If I am still a poor guy, then how can I sustain two-people's lives happily?

Number 2: When we get married and have our baby... a nightmare is coming next. It is annoying to take care of a baby. Let me give you some real examples... My mom said that when I was a baby I was so annoying that I would literally cry at 3am in the middle of night. She wanted to put me in the rubbish bin! Another real case was once I was still having high fever in bed and my mom was so worried that I was about to pass out. If I were my mom, I would be close to a heart attack and I would also pass out and be sent to hospital! What is more, if we have a baby, we also need to buy formula milk and a crazily huge number of diapers. That's not economical.

The last one: After getting married, we will not have a lot of time for ourselves because we need to go to work and when we finish working, we need to stay with our wife. To be honest, I really love gaming. I guess I would prefer playing video games more to hanging out with my wife. This is a clear and simple one to understand.

So, what do you think of my three reasons for not getting married? I'm not sure if I will change my mind when I really become a grown-up, but at this moment, these are my thoughts.

This is the end of my speech.

Thank you very much.



I Love Fast Food!

By Lam Ka Man, Carmen, S1 Group 6

Good morning everyone, if you said that you wanted to go to a fast food restaurant like McDonald's or KFC for a meal, what would your parents say? I'm sure most of them would say, "No! It's too oily, it's bad for your health!" I always wonder, is fast food really that bad? So, I did a little research on this. Let me tell you what I have found.

First, I tried to compare the calories of a breakfast in fast food restaurants with a typical breakfast that we usually have in the morning. A deluxe breakfast in McDonalds, which contains a patty, scrambled eggs, two pieces of toasted muffins and a hash brown, contains 611 calories. If you go for yum cha with your family in a traditional Chinese restaurant and eat 3 steamed barbecue pork buns and 4 pieces of siu mai, do you know how many calories there are? It's 694 calories. Not to mention other dim sum that we will have. You can see fast food is not that bad!

Next, there are actually different kinds of healthy food in fast food restaurants. In McDonald's, there are not only French fries and hamburgers, you can also choose to have Caesar salad and fresh corn. For drinks, you can choose to have hi-calcium low fat milk, hot fresh lemon water instead of sugary drinks. If you want to eat healthier in KFC, you can choose to have mushroom rice and mashed potatoes. These are all very healthy choices in fast food restaurants, aren't they?

Finally, do you know that eating fast food can actually make you happy? The sugar, fat and salt can stimulate your brain reward system to release some feel-good chemicals. Let me tell you guys a secret. Whenever I feel upset, I go to McDonald's to order a strawberry sundae and a pack of large French fries. I don't eat the French fries with ketchup. Instead, I dip each French fry into the ice cream. I feel much, much better afterwards. Try to do it with your friends next time if you feel bad, I'm sure all your worries will disappear after trying my special McDonald's recipe.

[illegible]

Public Speaking

Contest, S2



Is being pretty important?

By Luk Pui Ka, Jaylee, S2 Group 1

Good morning principal, teachers and fellow students. Let me ask you a question? 'Is being pretty important?' You may think of course being pretty is everything, without prettiness it's hard to live. Well, have you ever thought of what is prettiness or is it important? You will think most pretty people have gorgeous facial features. I'm going to tell you what I think about this question.

First, people define pretty by body shape and appearance. You can even do surgery to make yourself look better or wear makeup to hide your flaws to make yourself feel confident. However, does someone who possesses outer beauty really pretty. Not everyone with a pretty face has a good personality. For me, inner beauty is more important.

Next, there's a song I like called 'pretty isn't pretty' There's a lyric I that love which is 'There's always something in the mirror that I think looks wrong.' When you look at yourself in the mirror for a long time you'll see a lot of faults in yourself like your face, your waist, etc. I think that you shouldn't think of yourself like that, there's no point in doing so, but you're too insecure about yourself.

Finally to conclude the question, being pretty is not the most important when you see someone and personally is. No one is perfect even the prettiest girls are not perfect. There's no such thing as perfect. The mirror may reflect your looks but not your personality. It's more important to be ourselves than someone we aren't and people don't have rights to judge you. That's the end of my speech thank you!



Why We Shouldn't Be Late for School

By Wong Tsz Ying, Monica, S2 Group 2 -2nd Runner-up



Good morning, Principal, teachers and fellow schoolmates. I am Monica from class 2B. Before I start, I would like to ask you a question. Please put your hands up if you have been late for school. I can see many hands. Being on time for school is very important. When we are late, it can cause problems for many people. Today, I want to talk about the reasons why we should always arrive at school on time.

First, we may miss important lessons when we are late. When we arrive late, the teacher may have already started talking about something new. We may not understand the topic if we miss the lessons. This can make it harder for us to catch up and do well.

Second, being late will disrupt the class. When we enter the classroom late, it distracts the teacher and other students. Everyone has to stop what they are doing, which wastes time. If we are on time, we can start learning with everyone else without causing any interruptions.

Being late can also make us feel stressed. If we are rushing to get to school, we might forget important things like our homework or lunch. We may need to go to the detention class! I think most of you do not want to go there!

Finally, being late can become a bad habit. If we don't fix this habit now, it might affect us in the future. For example, being late for work as an adult can lead to serious consequences.

In conclusion, we should never be late for school because it helps us learn better, respect others, and stay organized. Being on time is a simple way to show responsibility and care for our education. Don't forget to sleep early tonight and go to school on time tomorrow! Thank you!

I can't live without Instagram

By Chan Tsz Yan, Ashley, S2 Group 3 -1st Runner-up



Good morning, Principal, Teachers and fellow schoolmates. I am Ashley from 2C. Before I start, I would like to ask you a question. Do you always use Instagram? If you do, then we can be friends! Because I always use Instagram too! So, why is it so attractive? I would like to tell you three reasons.

First of all, why do we like IG? I believe it is because of the interesting posts. Many people enjoy reading funny posts and stories, like some jokes and memes. The posts I like are usually informative, like learning English vocabulary. There are thousands of interesting posts about learning English and they are very useful.

Moreover, IG users can send messages to others using chat box. Teenagers prefer using IG to connect with friends. We can also interact with our friends by replying to their stories. Take me as an example, I posted a story about the problem I faced in my school life, my friends saw it and replied, "Don't worry! I will stay with you!" This is so heart-warming. Right? Therefore, IG can actually foster friendship by using the "chat" function.

Now, let me tell you the third reason why IG is so attractive. IG has a feature that we can store our stories. Many couples post their lovely photos of cuddling and even kissing on IG for keeping memories. When they are getting older, they can look back and once again enjoy the sweet memories.

Overall speaking, IG is really popular among teenagers because the functions are really attractive. I can't live without it! This is the end of my sharing. Thank you.



My Idol: Sergio Ramos

By Mui Ming Hei, Ocean, S2 Group 4 –Champion & Most Popular Speaker

Hi guys, I am Ocean from class 2D. Before I begin, let me ask you a question. Do you guys have an idol? Then let me introduce my idol Sergio Ramos. In fact, I didn't like him at all when I didn't know how great he is. I thought he was a disrespectful person since he was being very rude to the opponent's team players. However, I changed my thought after something happened...



When I was young, I read an article about him, and it completely changed my mind. I learnt that Sergio Ramos isn't just an incredible football player; he is also a leader both on and off the field. He has played for some of the biggest clubs in the world, like Real Madrid, winning numerous trophies and earning respect for his skills and determination.

But what really stood out to me was his commitment to charity work. Sergio Ramos has been a long-time supporter of UNICEF's work on behalf of the most vulnerable children, visiting child survival programs in Senegal, leading and participating in solidarity matches such as Champions for Africa and Champions for Life. He always used his salary to help people in need, showing how helpful and generous he is.

Another reason I admire him is his flexibility. Through his career, he faced injuries and setbacks, but he has always become better and better. He taught me how important determination is. No matter how tough things get, it's essential to keep pushing yourself forward and never give up on your dreams!

Lastly, I appreciate how he interacts with his fans. He takes his own time to connect with them, like taking photos with them or signing their football jerseys, showing how much he values their support. This makes him more relatable and inspires me to be a better person.

Overall, Sergio Ramos is more than just a football player to me. He is my role model, my real role model. His skills, personality, and passion for helping others have motivated me to continually improve myself in life. Thanks for listening.



How to be my boyfriend

By Ng Cho Fan, Fanny, S2 Group 5

Hello, everyone! I'm Fanny from Class 2C. Today, I want to talk about something that's really important to me: how to be my boyfriend. Now, I know what you might be thinking—it's not just about flowers and sweet stuff. It's really about building a genuine connection.

First off, let's talk about communication. I think it's super important! I really appreciate honesty and being open with each other. If something's bothering you, I want you to feel comfortable sharing it with me. A strong relationship is built on trust, and that starts with being able to talk about anything and everything.

Next up is kindness and respect. Treating me and others with care is essential. Little things, like asking me how my day was or being there for me when I'm feeling down, mean a lot. It shows that you really care, and that's what matters!

Another big thing is shared interests. We don't have to like all the same stuff, but finding activities we can enjoy together is important. And honestly, I love someone who can make me laugh! For example, when I felt unhappy, a boy once said to me, 'Once upon a time, there was a castle, and a fairy lived in it called Plastic Wrap.' I smiled. So, in comparison to someone who can't take jokes, I would choose a humorous person to be my boyfriend. A good sense of humor can brighten any mood and create awesome memories. Plus, laughter really helps us get through tough times together.

And finally, just be yourself! Authenticity is what makes a relationship special. I want to get to know the real you, with all your quirks and passions. Being genuine is what will make our connection unique.

So, to sum it all up: building a relationship is about communication, kindness, shared interests, and being your true self. Thanks for listening, everyone! I hope you find this interesting. Goodbye!



Public Speaking

Contest, S3



Why Canto-Pop Can Come Back and Be Cool Again



By Wong Wun Shuk, Kabby, S3 Group 1 -1st Runner-up

Good morning, teacher and fellow students. Back in the 1980s and 1990s, Canto-pop was all the rage in Asia. Stars like Anita Mui and Alan Tam were like the superheroes of music—everyone loved them! People called that time the golden age of Hong Kong culture. But lately, K-pop and J-pop have taken centre stage and Canto-pop has become like that old toy you forgot about.

However, during the pandemic, when we were all stuck at home, Canto-pop started to make a comeback and got a fresh makeover. Today, I'm excited to share why Canto-pop can stay alive and become a big hit again!

First, let's look at the boy band Mirror, which has brought new excitement to Canto-pop! They're like the cool kids in school who suddenly grab all the attention! Since they burst onto the scene, more people have begun to notice Cantonese songs again. They were picked from a reality show, and each of the 12 members has their own personality—like a box of chocolates: you never know what you're going to get! Once Mirror hit the spotlight, fans of all ages started tuning in, especially for their catchy Cantonese tunes. Take Keung To, for instance—he's super good-looking and has a voice that can charm anyone, even your grandma! His album gets millions of views every time, and his songs often talk about his personal life and thoughts. His hit song "Love without Words" has nearly 24 million views on YouTube!

Another reason canto-pop is making a comeback is that the songs are getting way more interesting. In the past, most Cantonese songs were all about love. But now, it's like a buffet of music! Modern Cantonese songs mix all kinds of styles, bringing a fresh vibe that catches more people's attention. For example, today's teens aren't just into slow love songs like the 90s hit "Monica." Instead, they enjoy songs that reflect their lives.

Take “Ciao” by RubberBand; it talks about moving to another country, which has inspired many during the pandemic when lots of people were thinking about going on new adventures outside their city!

So, there you have it! With cool boy bands and a mix of catchy tunes, cantopop is ready to rise and shine again. It’s like that beloved trend from the past that’s back in style—everyone wants to be a part of it!”

MIRROR OFFICIAL FAN CLUB

MIRROR 官方歌迷會



The Advantage of Not Being Tall



By Yang Chun Ho, Steven, S3 Group 2 –Most Popular Speaker

Good morning everyone. Chinese New Year is coming. I'm sure all of you are looking forward to it. However, Chinese New Year is a nightmare to me. Imagine every time you see a relative, he or she would say, 'Hey Steven, did you grow taller this year?' or, 'Steven, you have to eat more!' or even, 'Steven, see! Your little cousin is almost taller than you!' How annoying it is! Hey, I'm just not very tall! In fact, there are so many advantages of being not so tall. Let me share with you guys.

The first advantage is I can save a lot of money in my daily life. For example, as you all know, primary school students can have a 50% discount riding the bus, but not secondary school students. When I am not wearing my school uniform, I'm sure the bus driver will not suspect me if I just pay half of the fare when I get on the bus! Another example is when I buy clothes, I can still buy kids size! Everyone knows a Steven Curry NBA jersey can be very expensive. I can get the kid's version, which is almost half price! Isn't that a very big advantage?

Apart from this, being not so tall also brings me lots of advantages at school. Every year during the book inspection period, teachers of every subject would ask the tall and strong boys in class to carry box and box of heavy files and exercise books to the office. The teachers rarely choose me, so I can then relax in the classroom. Also, even though we are already in Form 3, we would still play silly games like hide and seek during the recess. Very often, my classmates cannot find me because I can hide in a very small gap.

Last but not least, many scientific reports said that tall people tend to die earlier. According to a study by the World Health Organization, men who are below 170cm live 7 and a half years more than those who are taller. The report also said that tall people may get back pain and bone fractures easily. I am happy that I can have longer life to enjoy this beautiful world.

In conclusion, being tall or not so tall is not really a concern to me. Napoleon, a great military leader; Gandhi, the spiritual leader of India; Bruno Mars, the world

famous singer, they are all outstanding people in history who are not so tall. I'm not kidding: my dream is to become a basketball player and I believe I can be the Hong Kong Stephen Curry one day! Hope you all enjoy my sharing. Thank you.



Herd Mentality

By Fu Hong Chit, Anson, S3 Group 2

Good morning, everyone! My name is Anson, and I'm from class 3C. Today, I'm going to talk about herd mentality.

Before I dive in, I want to ask you a question: Have you ever bought something you didn't really need just because it was popular? Maybe you didn't even like it but seeing everyone else with the same item made you think, 'I want that too!' If you've experienced this, don't worry—so have I!

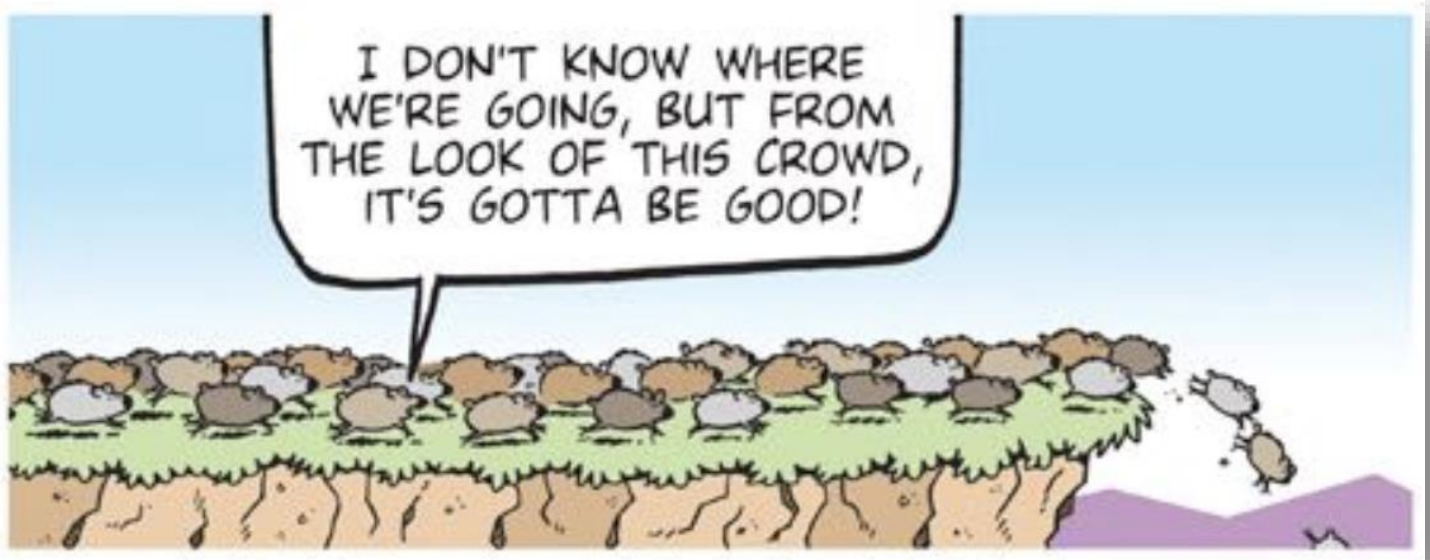
To illustrate my point, let's consider a popular example: Chiikawa. Isn't it adorable? Chiikawa has become a huge trend, and many people love it and buy all sorts of merchandise. However, some people buy Chiikawa products even if they don't really understand the story or don't particularly like it. This can be a waste of money and doesn't really mean anything for those who do it. In other words, herd mentality is when individuals in a group follow the behaviours or opinions of the majority, often without thinking for themselves.

But that's not the only negative aspect of herd mentality. Think about the Internet. The internet brings us a lot of fun, right? However, it also has its downsides. One serious issue is cyberbullying. It's something that anyone can do online, often without thinking. Many people don't set out to bully others, but they can be influenced by herd mentality. When they see someone being attacked verbally by a group, they might feel compelled to join in, thinking it's the right thing to do. Have you ever noticed how celebrities often become some of the biggest victims of herd mentality? They face harsh criticism and negative comments from both fans and trolls, all because they're in the public eye. Isn't it surprising how quickly people can turn on someone just because they're famous?

But just because many people are doing something, does that make it right? Absolutely not! It's like when everyone submits the same answer to a question in class. Just because most people agree doesn't mean the answer is correct.

We shouldn't let ourselves be easily influenced by herd mentality. Having our own ideas and opinions is very important. By thinking critically and making our own choices, we can avoid falling into the trap of following the crowd. It helps us avoid unnecessary problems. Of course, if you're very rich and don't mind the consequences, you might feel different!

That brings me to the end of my sharing. Thank you all so much for your attention!



The Resurrecting Button

By Cheng Ka Yee, Kelly, S3 Group 4 -Champion



Good morning, ladies and gentleman. I am Kelly from 3D. Today, I want to pose a question, if there was a button that could resurrect the person you love most, would you press it? I will give you 10 seconds to think about it. Ok, time's up! Some of you may say, of course, why not? And some of you may have doubts. For me, after careful consideration, my answer is a definite 'No'. Why do I say no? I will explain the reasons below.

First, losing someone we love indeed is one of the most profound experience we face. The pain, the memories, and the void they leave behind can be insurmountable. In that moment of grief, the idea of bringing them back to life can be incredibly tempting. Imagine the joy of seeing their smiles again, hearing their laughter. I bet you are dying to see that and hear that.

However, pressing that button is not a simple decision. We must consider the consequences. What does resurrection mean? Would the person return unchanged? Can a person who dies with cancer come back healthy? And precisely because she is the person I love most, I can't let her come back in such a risky way. I won't let her have the chance to go back to the pain. This is one of the reasons why I will not press the button, the potential for unforeseen outcomes looms large.

Moreover, being parted in life and separated by death is natural and is an important lesson in life. The natural order of life is something we take for granted. Therefore, the resurrecting button is an assessment of whether you can face death and accept their death. I really like a line from the movie Coco – The real death is that no one in the world remembers you. The scariest thing is not death, but forgetfulness. As long as you remember them, they will always be in your heart.

In conclusion, just because she or he is the person I love the most, I really have to think carefully. Therefore, I got the answer 'No' at last. I encourage each of you to reflect on this question and consider what it means for your own lives. Would you press that button?

Never gonna give you up

By Wong Yuet Na, Nana, S3 Group 5 -2nd Runner-up



Good morning Principal, teachers and fellow schoolmates. I am Nana Wong from Group 5. Before I start, I want to ask you a question. Have you ever heard of the song “Never gonna give you up”? Oh, wow, maybe you are not very familiar with this song, so let me sing it once, *“Never gonna give you up, never gonna let you down”*. I wonder what everyone thinks of this sentence. Is it good? Is it bad? So today, let me talk about the inspiration I draw from this sentence.

This sentence can be applied to many situations, such as when you are pursuing a goal, like playing basketball or running a marathon, you can remind yourself, ‘I am never gonna give up on my training,’ to stay motivated and focused.

Also, this sentence reflects commitment in various aspects of life. For instance, it’s a promise to support a friend in need, pursue personal goals despite challenges, maintain dedication in relationships, persevere in your career, and keep striving for self-improvement, showing resilience and determination in daily life. I am a member of the basketball team in school, and I often encounter setbacks during training, but I always think of this sentence in my heart, so I now feel that I am making progress every day. I hope everyone will think of this sentence when you are facing difficulties, and let this sentence give you strength and motivation to support you.

Never gonna give you up.
Never gonna let you down.

That’s all of my speech for today. Have a nice day. Thank you.



Public Speaking

Contest, S4



Friendship built on Gossip

By Zeng Wei, Vivian, S4 Group 2

Hey guys! Have you ever had an experience of attending a party but you don't know most of the people there? How do you feel? You probably feel a bit embarrassed and you just hope that someone will come and save you by talking to you. Then, out of nowhere, a completely stranger pops out and eagerly asks you, 'Hi! Have you heard about that handsome guy's affair with the fat girl?' 'Oh what? Wait, are you sure he is with that fat girl?' Suddenly, you and that rando huddle up like instant best friends. Instant friendship sparks between you and a stranger just because of gossip.

Friendship can be glued even stronger when you have a common person whom you and your friend hate. When you and your friend gossip about someone you both hate, you will find out that you have so many things in common. You and your friend can judge your enemy's behaviours, clothing styles or even what he or she eats. It is true that gossip bonds people fast. However, is this equal to true friendship? Whenever you meet, you just gossip about everyone you mutually know. Think about it. After gossiping about all others in your friend group or even not in your friend group, do you still have anything deep to talk about? Do you sometimes feel nervous when you don't have any gossip to keep your friend engaged? Will he or she isolate you one day just because you no longer have any gossip to share? With all these questions in your mind, I can clearly tell you that gossip can never build trust in your friendship. You just feel insecure all the time.

Gossip is like tiktok videos or reels on Instagram. It is quick, messy and addictive. It is fun, but it can be toxic. When friendship is built on gossip, it can be fragile too. If your friend really likes to gossip about others, be prepared that he or she may also gossip about you with others one day. I am sure you will feel heartbroken when someone you value so much gossip about you. Can you still wholeheartedly like your friend if he or she gossips about you with others?

I used to have a friendship built on gossip. However, it ended soon. We started by gossiping about someone. Sometimes, she judges the girl's makeup, clothes,

and even her body. I did not agree with her but I still needed to say, 'Yeah, you are right,' because I was afraid she would be mad at me. After gossiping for a few weeks, we had nothing to talk about. At that time, I realized that we were not in a healthy relationship. Friendship should never be built on gossip!



Pineapple on Pizza?



By Chan Man Hei, S4 Group 3 –Most Popular Speaker

Good morning, principal, teachers, and fellow students.

Today, I would like to discuss a topic that often sparks lively debate: Should we put pineapple on pizza? Some people love pineapple on pizza, while others absolutely hate it. And some just don't care and want to eat their pizza in peace (of course, this doesn't include Italians!). So, what's the truth? Is pineapple on pizza a brilliant idea or a total mistake?

Firstly, why do some people dislike pineapple on pizza? The "anti-pineapple" camp asserts that "fruits do not belong on pizza!" But hold on—tomato sauce is made from fruit too! It's like saying ketchup can't be on fries because it's a fruit sauce.

Another common criticism is that "pineapple is too sweet." However, one could argue that barbecue chicken pizza is also sweet! So, what sets pineapple apart from other toppings?

Now, let's explore why pineapple works well on pizza. I must defend pineapple! The combination of sweet and salty flavours is what makes pineapple pizza so delicious. This idea is similar to dishes like sweet and sour pork, where the flavours balance each other perfectly! Pineapple brings a unique tropical flavour that adds a refreshing contrast to the rich, savoury taste of cheese and meat.

Pineapple is juicy and fun to eat. Can you imagine biting into a slice of pizza with pineapple on top? When you take a bite, the juice from the pineapple bursts in your mouth. Wow, it's a surprising and exciting flavour!

Now, let's answer the final question: Should we have pineapple on pizza? Yes or no? This question is not just about the pineapple itself; it's really about freedom of choice. Everyone has different tastes and opinions. If you like pineapple on your pizza, then go ahead and enjoy it! Pizza is meant to be fun and personal. But if you don't like it, that's okay too! Just choose other toppings that you prefer. The important thing is that everyone can enjoy their pizza the way they like it.

So, are you going to put mango, apple or durian on your pizza?

Thank you.



April Fools' Day



By Mo, Candice, S4 Group 4 - 2nd Runner Up

Hello, ladies and gentlemen. I am Candice Mo from Group 4. Today I'm going to announce one thing. Actually... I'm a lesbian. Yes, a lesbian: that means I only love girls. And this is my girlfriend. In fact, this is just a joke I made on April Fools' Day, and this is what I'm going to talk about today—April Fools' Day.

So, when is the April Fools' Day? Right! April 1st. Do you know that the UK has a specific time for April Fools' Day? If you want to play tricks on others, you need to act before 12 noon, otherwise you will be regarded as a "big fool" and you may get bad luck. Besides, the media and companies often join the fest, publishing fake news that seems real but absurd, just like the rumours of me and Ms. Ho. Ok! Let me introduce the most famous one to you —from the BBC news in the UK.

On 1st April, 1957, the BBC News reported that a family in Switzerland harvested spaghetti from trees. You may ask —spaghetti growing on trees? That's impossible. BUT! At that time, Italian cuisine was not yet popular in the UK, and some British people did not know that spaghetti was an Italian pasta made from flour and water. On that day, around 8 million people watched this news. You know what? Hundreds of people made phone calls to the BBC and asked how to grow spaghetti trees in their homes!

Obviously, the BBC's April Fools' Day reports showcase the creativity and humour of the media, it becomes a cultural phenomenon. Every year, people around the world look forward to it. These jokes not only entertain the public but also trigger widespread participation and discussion on social media. It becomes a part of modern media. I hope to see more interesting reports like this next year. If you are interested, you can learn more from the BBC website. That's all for my sharing today. Thank you!

Reporting to 'Scoop'

By Cheng Tsz Kit, Jack, S4, Group 5 -Champion



Good morning, principal, teachers and fellow schoolmates.

Before I start, let me ask you a question. Do you know what Scoop is? (*Points at the screen*) This is Scoop, the English name of a TVB programme. When Hong Kong people are in trouble or face any unfairness, they report it to Scoop asking for help. Initially, the troubles reported to Scoop mostly related to HK people's welfare and Scoop could really help address the problems. But recently, I've found that people are starting to abuse it.

Like, I've watched an episode - a lady found a lost wallet left on an ATM. She actually called 999, the emergency hotline. Did she have any common sense? I could imagine the operator's reaction, saying, 'Hello, 999 emergency services, what's your urgent situation? Is there a fire? A robbery?'

And the lady said, 'No...I found a lost wallet...It is important for everyone.'

Then the operator said, 'Sorry ma'am, please put in to the nearest police station. We would not send any officers for this.'

And the lady was so disappointed that she reported to Scoop and told the interviewer, 'I felt so helpless when I received such a response in this society ruled by law.'

If I were the operator and saw Scoop that night, I would think, what did she actually expect? A SWAT team with guns and shields approaching the wallet tentatively and shouting, 'Don't move! Lay on the ground!' The woman was already hilarious. But how come TVB would still give her an interview and broadcast it? Why?

Then when I continue to watch the program, the other episode was about another angry lady's misfortune. This old lady accidentally tripped over in front of a shopping mall and fell down, banging her head onto the glass door.

And she cried to Scoop and complained, 'The design of the mall is bad! How come there wasn't a sign to remind me that there was a step! The mall should take its responsibility and compensate me what I spent on seeing the doctor!'

I mean, ma'am, you're the only one in Hong Kong who was successfully tripped over by a step and banged your head onto the door, making your mouth bleed a lot. Crowds of people get through the door of the mall safely every day. If the design of the mall is bad, then no design can meet her 'high' standard.

Thanks to this TV program being broadcast during my dinner, it adds spice to my rice bowl every day. When I'm swallowing the rice, I can't help but salute the ones who report to Scoop. They stand up for justice.

Anyway, I keep asking why TVB thinks these cases could raise the viewership. Does TVB thinks all viewers are dumb? ...But...why do I stay tuned?



Love Knows No Age



By Cheung Tsz Ching, Sandy, S4 Group 6 -1st Runner-up

Love. It's a word that evokes powerful emotions, and it's a feeling that can blossom at any age, even during our secondary school years.

Good Morning Principal, teachers and schoolmates. I am Sandy Cheung from S4 Group 6. Has anyone ever told you that it's too young for you to have a boyfriend or girlfriend? While some adults argue that teenagers are "too young to love," I believe that age shouldn't define our capacity to care for and connect with another person. However, with this right comes the need for wisdom and responsibility.

Think about it: Secondary school students are at a stage where emotions are intense and genuine. A crush can feel like the whole world revolves around that person, making us happy, nervous, or even distracted. This is natural — our hearts are learning to connect with others. Yet, we must ask ourselves, 'Is this connection helping me grow, or is it holding me back from my goals?'

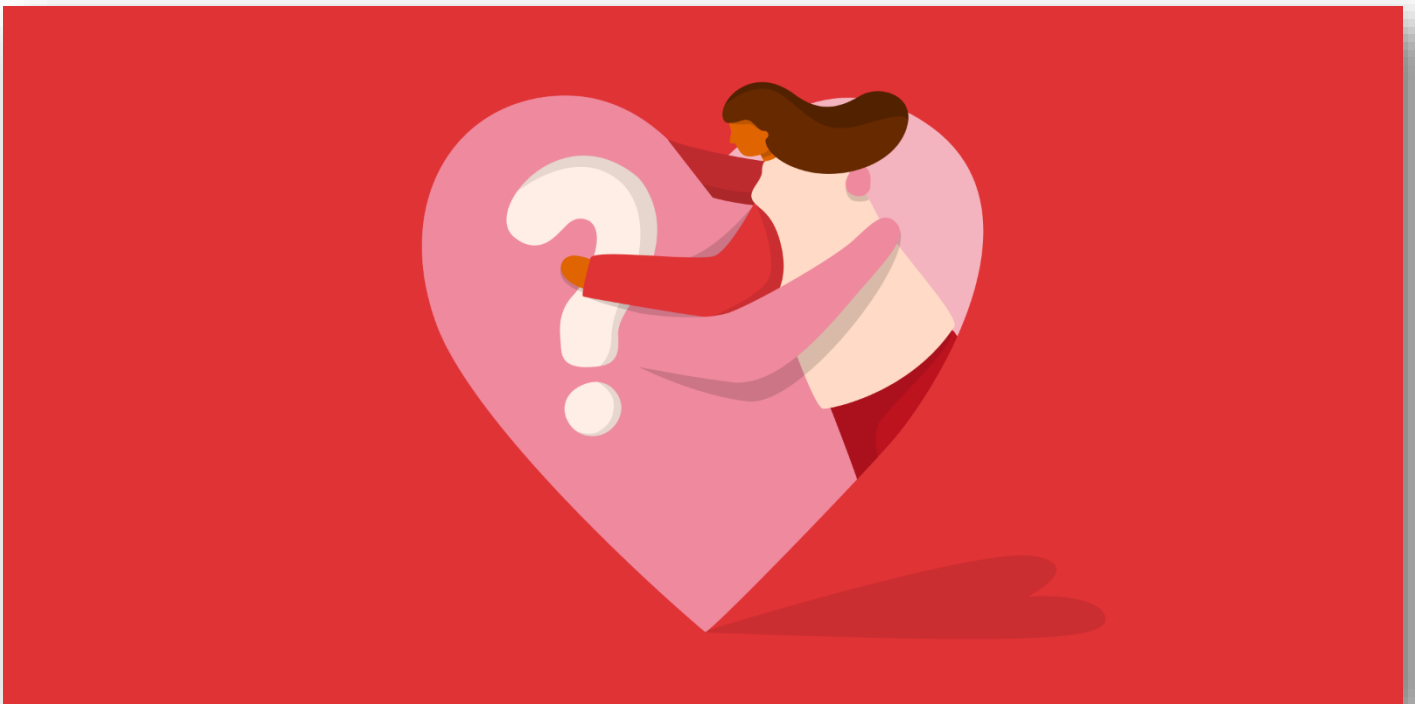
It's all about balance. Relationships require self-control. We manage time for homework, sports, and friends. Relationships need that too. For example, if texting a crush all night makes you tired for exams, you need to rethink your priorities. Going on dates are fun, but they shouldn't replace studying.

Too often, society underestimates young love. People often say young love is just "puppy love." But even puppies grow into loyal, devoted companions! The difference isn't age; it's maturity. Maturity means respecting each other, dealing with disagreements well, accepting that sometimes people say no, and keeping your own goals in mind.

For me, learning to communicate effectively and show my care has been key in my relationship. I remember early on, I got a little jealous when my partner was always hanging out with his friends from debate club. I was worried he thought his debate buddies were cooler than me. Instead of starting drama, I told him I was feeling insecure. He was really cool about it, made an effort to introduce me to his friends, and included me in their after-school gatherings. It made me feel way better.

But communication isn't just a one-way street. I try to do the same for him by making a real effort to listen actively when he's talking, even if it's about something I don't totally understand. Good communication isn't just about sharing your own feelings; it's about actively listening and being there for your partner, too.

So, love doesn't need a "minimum age requirement," but it does need understanding. We get to choose who we care about, but we should choose wisely – like making a playlist with both happy songs and songs that make you reflect. Because the best relationships aren't just about finding someone; they're about becoming someone, someone better, someone stronger, together. They don't just make you happier; they help you see the incredible potential inside you. Thank you.



Public Speaking

Contest, S5



We will never grow up in parents' minds

By Lai Zhuo Lin, Ashley, S5 Group 1 - 2nd Runner-up



Good morning principal, teachers and fellow schoolmates.

Do your parents always nag at you at home? Have you had a shower? Why don't you eat vegetables? Are you tired of this? As we grow up, we start to long for independence. We are tired of this Chinese-style parenting. We hope to break away from the label of 'children' and get the respect and the trust of our parents.

No matter how old we are, in our parents' minds, we will always be children. Parents seem to prepare to take care of us forever. I think this is the norm in Chinese culture.

My parents have raised three children. Since my two elder brothers have already married and moved out, I have become their only child. Once, my dad saw me blow-drying my hair. He came quickly and picked up the blow-dryer, combing my hair softly with his fingers.

I asked him, 'Dad, I am a big girl. Why do you take care of me like a baby?'

He responded, 'Aren't you my baby girl? You are my only baby girl!'

I rolled my eyes with a resigned look.

That time, my mum mumbled, 'You have never blow-dried my hair, DAD.'

Dad and I just looked at each other and pretended not hearing anything.

I sometimes ask myself if I send out wrong messages to my parents that I am not mature enough. Maybe my mum can answer this question. Once my mum had a video call with her mum, my grandma.

She said, 'When I get back home, I want to eat steamed chicken. Also corn soup, Mum!'

She looked like her mother's baby and she always asks her mum to cook her favourite food. My mum seems never want to grow up.

The three generations in my family, actually, act alike. Although my grandma is 70 years old, she still pays attention to her appearance. She always annoys me about her hairstyle.

She asks me, 'Should I have my hair cut short? Should I have my hair permed? Then, my hair looks fuller.'

I respond lazily, 'I can't tell. Just make sure you feel comfortable.'

My grandma then says, 'OK. You are right. Maybe I should have a hair cut in summer. It's really hot.'

Even though she says that, she still feels hesitant. She always depends on me seeking for advice. My grandma is a cute old baby.

Maybe all people are just children deep inside. We will never grow up in parents' minds because we send them mixed messages. One time, we want more freedom and want our parents to let go. The other time, we act like children and wish to stay being protected by them.

Anyway, no more complaints. Please respond to your parents' wholehearted love with gratitude. Thank you!



How to Become a Billionaire with \$5000

By Wong Ying Wun, Heywood, S5 Group 2

Hello judges, teachers, and fellow students, I am Heywood from class 5B.

Last year, we had someone talk about single life, and some people imitated Miss Kwan. This year, I've decided to talk about something new. Firstly, if you had \$5000, how would you use it? Some of you might save it for a new iPhone. Some of you said you're going to spend it on food. Some of you said it's just too little to do anything with. I'm sorry that I might have to disagree with you because I'd use that \$5000 to become a billionaire. So, today my topic is how to become a billionaire with 5000 dollars. You might think my idea is crazy, but fasten your seatbelts, and let's embark on this journey of my thoughts.

I was reading some articles about billionaires the other day and I came across some interesting facts. Did you know that over two-thirds of the world's billionaires started from scratch? People like Bill Gates and the founder of IKEA, created globally renowned and influential businesses. So, what opportunities could I encounter in Hong Kong? The first thing that comes to my mind is investing. If luck is on my side, my investments in the stock market could transform me into a wealthy person. With this money as capital, I might choose to open more food stores near the school to attract students. One of the shops that I will invest in would be a nearby shredded chicken shop. Yes, the shredded chicken rice shop that we would visit every week. I'm sure this would make me huge profits and contribute to growing toward my dream!

Now, let's talk about the power of creativity and thinking outside the box. Remember the person who taped a fresh banana to the wall as a conceptual artwork? That's creative thinking! So, why not come up with your own quirky idea to grab people's attention and wallets? For instance, imagine using \$5000 to dress up and attend a luxurious banquet to befriend a rich CEO, unleash my charm, become his wife, enter high society, divorce him, and get closer to becoming a billionaire! As my capital continues to grow, I'll conquer the CEO world!

Although becoming a billionaire with \$5000 sounds like a daunting task, with a bit of creativity and smart investing, who knows what you can achieve! Embrace the fun, embrace the challenge—who knows, you might just be the next thrifty billionaire! Well, if you were a billionaire, what would you do? I might invest in pharmaceutical companies, provide funds for them to research or mass-produce drugs for rare diseases, and establish a fund to help patients who can't afford expensive medications.

Thank you for listening, and remember, the sky's the limit when it comes to turning \$5000 into a fortune!



Gen Z

By Chiu Ngai Haang, Neil, S5 Group 3

Good morning everyone. Today, my topic is Gen Z. I'm sure you all know 'Gen' stands for generation, but how about 'Z'? Does anyone know the answer? 'Z' means 'Zoomers'. Gen Z referring to those who were born in the mid to late 90s to the early 2010s. Yes, that means you guys sitting here, except the teachers, are all Gen Z. In the following, I would like to talk about the characteristic of this generation, our strengths and what inspirations we could bring to the world.

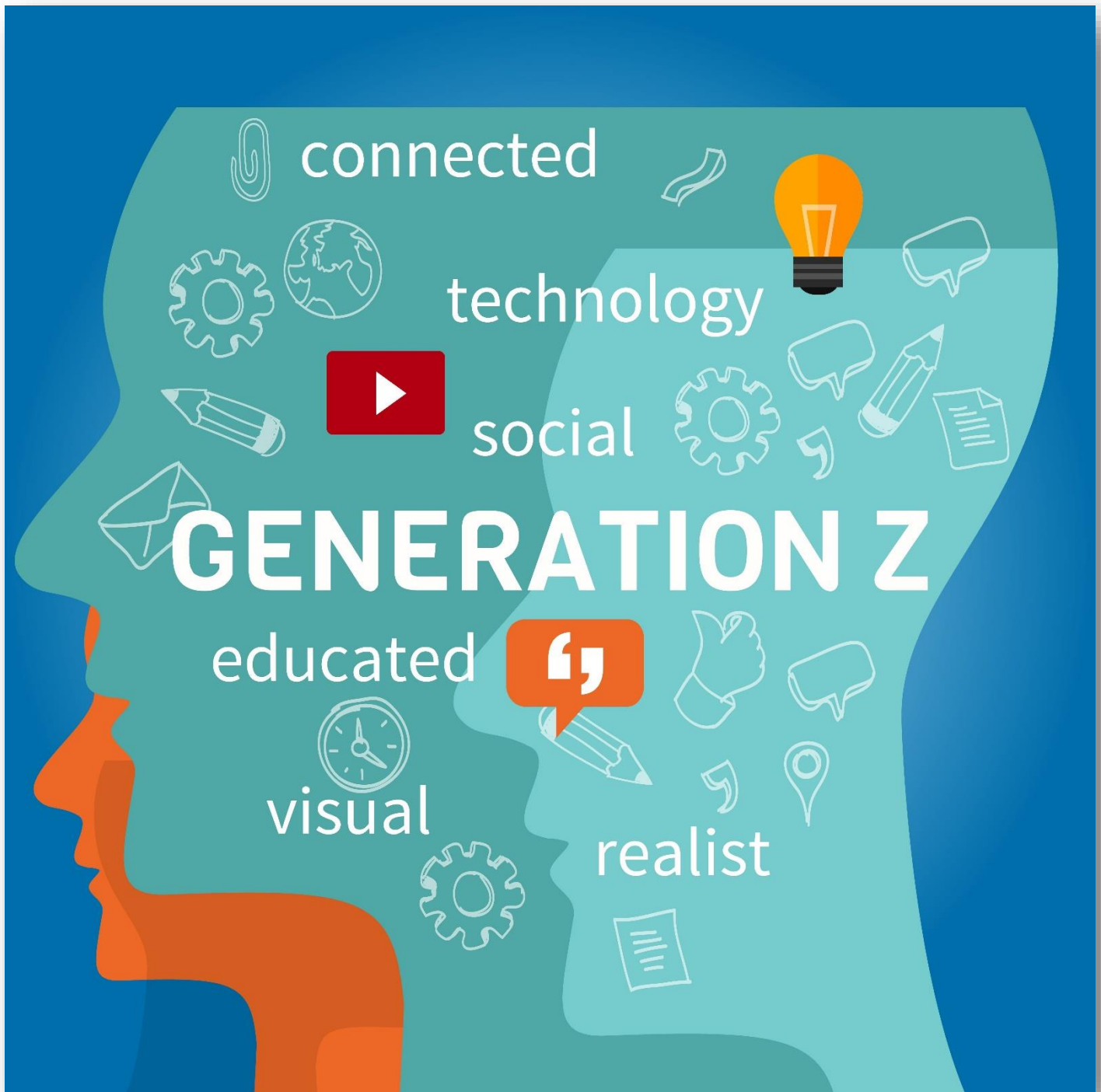
One characteristic is we are truly digital native. Growing up with smartphones, we are all addicted to social media like Instagram and Threads. Take listening to music as an example, our previous generations may prefer rock or pop music, but Gen Z is totally different. Mr. Dan, I know you love music a lot. Do you know who Sigma Boy is? (No!) His famous song goes like this, "Sigma-sigma boy, sigma boy, sigma boy, Каждая девчонка хочет танцевать с тобой..." This song has gone viral on the internet. You should definitely go look for him online. I'm sure you will fall in love with the music of Gen Z and you can be the next Sigma Boy.

Next, if you ask a grown up to use some adjectives to describe our generation, the answers would probably be quite negative like lazy, impulsive, indecisive or even crazy. It seems to most adults that we are not working hard enough at school, we won't think twice before we act and we have no clear goals in life. Try to look at us from another angle, we are actually a group of teenagers who are very creative, our carefree attitude allows us to adapt to changes in this fast-changing world and most importantly, our knowledge in A.I., which most adults don't possess, enables us to face all kinds of challenges in the future with ease. All these strengths made our generation a unique one.

I know that we are always criticized for the lying flat attitude. Well, the fact is we treasure personal time, happiness and travel over business success. This doesn't mean we do not want to work hard for our life, we do want a nice career path, but unlike our parents who would work for money, we Gen Z would go for a job that is

meaningful and aligned with our personal values. We believe we can make changes to the world. We hope everyone would put work-life balance at the top of your priority list. Life is short, why don't we do something we truly enjoy?

I hope my sharing allows all the teachers to see the uniqueness in Gen Z and we Gen Z would also be proud of who we are. Thank you!



How Social Media Shapes Me As Me

By Chung Hau Shuen, Bell, S5 Group 4 -1st Runner-up



Good morning, principal, teachers and schoolmates!

Today, I want to talk about something that's a big part of our lives: social media. We all use platforms like Instagram, TikTok, and Snapchat, and while they can be fun, it's important to think about how they shape us as people.

Social media is like a window into the world. It allows us to connect with friends, share our thoughts, and learn new things. But it also comes with trends—challenges, styles, and ideas that everyone seems to follow. Sometimes, it feels like we have to join in to fit in. But here's the secret, two words: we don't!

It's okay to enjoy the fun things on social media, but we should always ask ourselves, "Is this really me?" Instead of blindly following trends, let's take a moment to think about what we truly like and believe. We can choose to celebrate our unique interests, whether that's art, sports, or even reading!

By being ourselves, we inspire others to do the same. Imagine if everyone felt free to be authentic, our social media feeds would be filled with creativity and individuality.

I encourage all of you to use social media as a tool for positivity. Share what you love, support your friends, and spread kindness. Let's create a space where everyone feels valued, not just those who follow the latest trends.

Remember, you are amazing just as you are! Embrace your differences and let them shine through. When you stay true to yourself, you'll find happiness and make a real impact on others.

Thank you for listening, and let's keep being ourselves, both online and offline!

Surviving Family Gatherings

By Leung Zhering, Eunice, S5 Group 5 -Champion



Good morning ladies and gentlemen. If I talk about Chinese New Year, Mid-autumn festival, Tuen Ng Festival, Ching Ming Festival, what comes to your mind? Holiday? Holiday assignments? No! It's family gathering!! As an 'I' person, whenever I think of having to meet those close-to-you-but-actually-not-really-close-to-you people, I'll start to have a headache.

Attending family gatherings can often feel like navigating a minefield of awkward moments and embarrassing situations, because you know, when you walk into a room filled with relatives, and the conversation may shift to talk about you.

Family gatherings are like reality TV shows in that you never know what's going to happen, but you can bet someone will embarrass themselves, and that someone might be you!

Then, there's that dreaded moment when relatives start comparing your school achievements to your cousin's. 'Oh, you know? My daughter has got into DBS, the top Band 1 school! Ah, Eunice, which school are you studying again?' Meanwhile, you're just trying to remember where you left your homework. When this happens, take a deep breath and respond with, 'Auntie Amy, your daughter's amazing! I'm just taking a different path, um....one with fewer textbooks and more snacks...' This way, I think you turn the focus from competition to humour.

Next comes the attention to your appearance. 'Oh, have you gained a little weight? You look so... healthy!' It's like being a contestant on a makeover show where the host forgot to say, 'you're beautiful just the way you are.' When this happens, you can say, 'Thank you! I'm just trying out this new 'cozy' look. It's all the rage!' This not only lightens the mood but also shows you're confident in your own skin.

So, my fellow students, remember, family gatherings are all about love, chaos, and a sprinkle of awkwardness. Embrace it! Laugh it off, and if all these fail, just pretend your phone is ringing because nothing says 'I need to escape' as effectively as a fake call!

I hope your next family gathering will be filled with laughter and be a lot less awkwardness! Thank you.



My Mean Melody



By Bryan Siu, S5 Group 6 - Most Popular Speaker

Good morning principal, teachers and fellow schoolmates, I am Bryan Siu from 5C.

I guess everyone knows who this pink, fluffy and kind-hearted bunny is. She is My Melody, who is good-natured and loves to spread love everywhere. Hey, wait a second. Are you sure she is really kind-hearted? Today, I am here to take off her mask and hoodie to reveal the real My Melody to you. This mean girl is actually the mastermind of hoaxes and accidental cruelty- especially towards Kuromi, who is black and looks mischievous.

In the show, Kuromi hates My Melody. Why does a villainous looking rabbit hate an innocent sweet bunny? Everyone loves My Melody except Kuromi. Things happen for reasons. My Melody always plays the victim, but who really suffers in the end? Kuromi! In one of the episodes, Kuromi is making a soup for everyone. My Melody accidentally pushes Kuromi and the whole bottle of salt drops into the soup. When their friends taste the soup, they say, 'I have never tasted something yucky like this before. I want to drink the soup made by My Melody.' My Melody replies with her very kind voice, 'Hey, you shouldn't say this. Kuromi has made a lot of effort to cook the soup for us.' This made Kuromi angrier because the accident happened all because of My Melody. Is it just a coincidence? I don't think so. While My Melody gets all the love, Kuromi is left seething in the shadows.

Some people may say, 'My Melody never directly attacks Kuromi.' I believe she is actually smarter than that by using "kindness" as a weapon. Have you ever wondered about My Melody's true personality behind her sweet appearance? Her suspicious 'kindness' just makes Kuromi look stupid and cruel every time. I simply guess that My Melody is doing things to hurt Kuromi on purpose. Whenever My Melody makes a mistake, she just says, 'Sorry,' nicely and everyone forgives her. However, it does not apply to Kuromi! Everyone blames Kuromi whenever she makes any mistake. Poor Kuromi! This is not fair.

In our life, have you met someone who is like My Melody? We sometimes just think that the cute and sweet ones are innocent. It's time to wake up! We shouldn't be fooled. She may be a mean girl in her cute hoodie only. Never judge a book by its cover. Thank you.



Self Access Learning



A Diary Entry about Bullying

By Chiu Cheuk Yan, Grace, 1D

Dear diary,

I'm very sad and scared because I had a bad experience at school recess. Yesterday, some girls told me that their "boss" was looking for me. I didn't know what I had done wrong and I didn't even know them but I sometimes saw them at recess.

When I went to the restroom, I saw a girl looking at me in an unfriendly way. I felt so scared. I regretted that I had come there, but it was too late! The girl's name was Jenny. She pulled me into the cubicle, and threatened to take all of my money, otherwise she would cut my hair with a pair of big sharp scissors.

I didn't want my hair cut short so I decided to give her my money, but she didn't keep her promise. She looked happy. I felt so disappointed about this.

Suddenly, three more girls came. One of them pulled my hair vigorously. It really hurt. The second girl also pulled my hair. The other one used the scissors to cut my hair.

Luckily some teachers came and saw me being bullied. Then she took me to the school medical room. The girls knew they were wrong. Therefore they said sorry to me. Then I forgave them. At last Jenny knew the truth and knew her friend told lies to her, she was very angry and wasn't friends

with her any more.



My school picnic

By Chiu Cheuk Yan, Grace, 1D

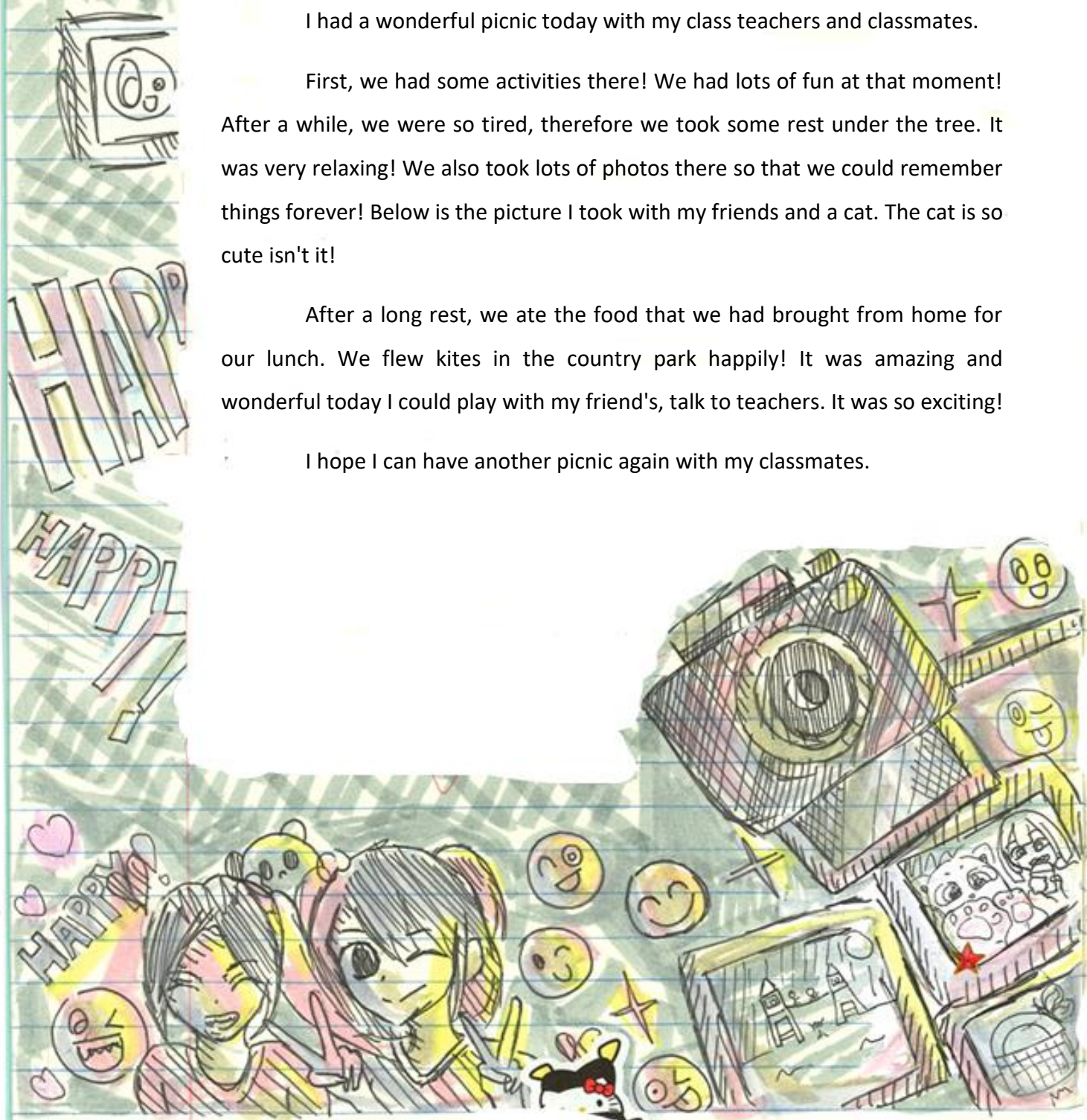
Dear diary,

I had a wonderful picnic today with my class teachers and classmates.

First, we had some activities there! We had lots of fun at that moment! After a while, we were so tired, therefore we took some rest under the tree. It was very relaxing! We also took lots of photos there so that we could remember things forever! Below is the picture I took with my friends and a cat. The cat is so cute isn't it!

After a long rest, we ate the food that we had brought from home for our lunch. We flew kites in the country park happily! It was amazing and wonderful today I could play with my friend's, talk to teachers. It was so exciting!

I hope I can have another picnic again with my classmates.



A letter to your future self

By Chiu Cheuk Yan, Grace, 1D

Dear Grace 2030,

Hi, future Me in 2030! I'm doing well now, how about you? I hope you will be well in the future too! Let me tell you something about me at present.

At present, I have a family that loves me a lot and lots of caring friends and patient teachers who teach me different subjects

I think you are about to graduate, and you will be definitely reluctant to leave the teachers, friends, class alumni and campus environment that has been with you for six years. But don't be sad, I am sure that you will meet them someday again!

You will have DSE later. I hope you will get well prepared for it and get more time to do the revision. I hope you can get good marks in DSE too! Good Luck!

Hope you can go to the university that you like!

Also, remember that I support you in the past.

It's getting late, I look forward to your reply!

Preparing for an Exam

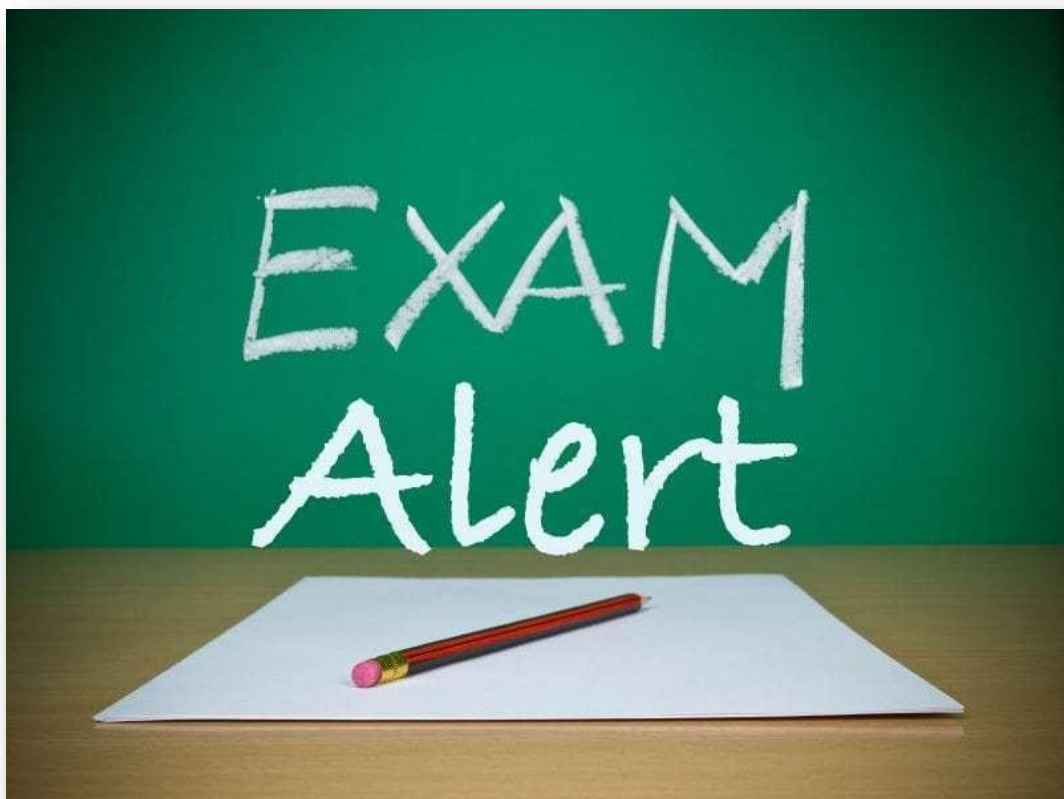
By Lee Cheuk Yin, Carson, 1A

Good morning, teachers and fellow students. As we all know, the 2nd term exams are approaching. Today, I'd like to share some thoughts on how to prepare for them.

To start with, let's explore why some students can't get good results. Some may lack a proper study plan. They study without a clear goal, which makes their efforts scattered. Besides, they often put off their study until the last minute, leaving no time for in depth review.

Besides, what can students do to prepare for the exam? Making a detailed study plan is crucial. Divide your study tasks into small parts and arrange specific time for each. For example, allocate an hour each day for reviewing math formulas. Besides, don't just passively read the textbooks. Instead, actively summarize knowledge points and do some relevant exercises to test your understanding.

Dear schoolmates, these exams are a chance to show our learning. Let's work hard and believe in ourselves. Thank you!



Preparing for an Exam

By Tsui Ka Hei, 1A

Good morning principal, teachers and fellow student. I'm Ka Hei, from class 1A. Before I start, I would like to ask you a question: How long do you usually study during exam time? Research shows that 10% of students study for 2 - 3 hours during exam time. Therefore the aim of my sharing today is to let you know how to prepare for the exam.

To get good results and prepare for the exam, I suggest that we all start to organize a review: planning and organize teaching materials and notes. You may ask: how can I do this?

To start with, we can get good results by writing a customized the study plan according to the focus of the subject and our own weaknesses. For example, we can schedule different times every day to review different subjects so as to avoid cramming at the last minute. If we don't know clearly which subjects we are weak in and which subjects we are most familiar with before reviewing, our review efficiency will be very low and there will be a lot of knowledge gaps. Compared this to having a review plan: with the plan we can improve our efficiency and grasp the key points of each subject. I believe that as long as we plan and review before our exam, we will definitely be able to get good results.

Besides, I recommend that we can prepare for the exam by organizing teaching materials and notes. For example, when we organize our English notes, we can first divide them into vocabulary and phrases, grammar points, reading skills and writing skills. If we don't organize our notes well, we will easily mix up different types of key points, which will make us more and more confused and reduce the efficiency of our study time. Compared this to organizing our notes which can help us prepare for the exam better and it is easier for us to remember the points in our mind. On the contrary if we don't prepare notes, we will get confused and cannot remember the key points.

I hope that you have a better understanding about why and how we can get good results and prepare for the exam by writing a review plan and organizing teaching materials and notes. Remember, every time we write a review plan and organize teaching materials, we help ourselves develop good habits while also improving our own results. Why don't we keep this review method? It's better for you to make it as a part of your life. Thank you!



Preparing for an Exam

By Zhang Tsz Lam, Tracy , 1A

Good morning, principal, teachers and fellow students. I am Tracy Zhang from Class 1A. Before I start, I would like to ask you a question: before the exam, do you revise for over 5 hours? Please answer this question in your mind. Therefore, the aim my sharing today is about how to prepare for the exam.

To start with, why can't some students get good results? They lack a proper study plan. If they can do revision for 5 - 15 minutes every day, they can consolidate not only memory, but also knowledge. I believe that they haven't made a good study plan so they can't get good results.

In addition, I'll recommend some things students can do to prepare for the exam. First, they can make a timetable for study. This can lead to regular revision. Second, they can re-do exercises to deepen their knowledge. Finally, they can write notes. This can make it easier for us to understand the key points and remember them faster.

I hope every student can get high marks for each subject. Let's work hard together! Remember, every effort counts. You keep going, find the right strategies, we can all receive good result!

I hope that you have a better understanding about why some students get bad results. Remember the ways to prepare before your exam. And always encourage yourself when you feel tire about your study. It's better for you to make a goal of your exam marks! Thank you!

4 Interesting Questions

By Kang Shing Hei, 2C

If you could run away from one responsibility in your life, what would it be, and why?

For me, it would be doing housework. I'm always exhausted after a long day at work or study. Housework takes time and energy. I'd rather use that time to relax to escape from these daily chores.

What have you started to love as you have grown older?

As I've grown older, I've started to love reading. In my youth, I was too restless to sit still with a book but now, reading has become a source of tranquillity and knowledge. It allows me to explore different worlds, gain insights from various others, and unwind after a busy day. It's truly a wonderful past time that enriches my life.

What is a word or phrase that you dislike hearing from adults?

First of all, one phrase I dislike hearing from adults is, "You'll understand when you grow up". It's frustrating because it brushes off my current feelings and questions. As a young person, I want my emotions and thoughts to be taken seriously now, not dismissed with this vague promise of future understanding.

What is something people say is easy but never really is?

People often say that learning new languages is easy, but it's far from the truth. Mastering grammar, expanding vocabulary, and achieving fluent pronunciation requires countless hours of study and practice. Understanding cultural nuance and different communications styles also adds to the difficulty. It's a long-term commitment, not an easy task.



4 Interesting Questions

By Tsang Ching I, Janice, 2C

What is a memory you want to forget and why?

When I was a kid, I accidentally walked into the boys' restroom at school. As soon as I open the door, I was greeted by a bunch of surprised boys. Realizing my mistake I quickly turned to leave but got the door stuck on my way out. The boys behind me burst into laughter while I turned bright red and wished I could disappear. That memory remains as one of my most embarrassing memories, and I often wish I could forget it all together.

What is a thing that is exciting as a kid but becomes boring as you get older?

When I was a kid, I eagerly anticipated the New Year. My friends and I would set off firecrackers and collect envelopes enjoying the festive atmosphere. However, as I grew up, the meaning of the New Year changed for me. Though I still look forward to family gatherings, the excitement of receiving red envelopes has faded, and I find the gatherings rather dull. My childhood joy has turned into simple nostalgia.

If you could run away from one responsibility in your life, what would it be, and why?

If I could escape one responsibility in my life, I would choose to escape the heavy pressure of studying. As a middle school student, homework and exams feel tiring, and I always worry about my grades. I wish I had more time to discover my interests and enjoy life, instead of just being busy with studying. If I could escape the responsibility, I could better develop myself, find things I truly enjoy, and have a happy youth.

What have you started to love as you have grown older?

As I grew older I have started to enjoy things I didn't like before. I now love writing to express my feelings and document my life. Also, traveling has become a passion. I enjoy learning about different cultures and learning new hobbies which I cherish. They allow me to create art that reflects my imagination. These interests made my life exciting and fill me with hope for the future.

An Application Letter

By Sham Yuet, Bella, 3A

Miss Kwan has given you four job advertisements and has she has asked you to write an application letter to apply for one of the jobs. Write your application letter for the job you have chosen.

Flat F, 12/F
Yip Mai House
Kai Yip Road
Kowloon City
Kowloon

6th April, 2025
Chairperson,
Care of the Elderly
12/F, Ding Hing House
32 King Fook Street
San Po Kong
Hong Kong

Dear sir\madam,

RE: application for the position of elderly care assistant.

I'm writing to apply for the position of elderly care assistant, which was advertised in Hong Kong post on the 11th of February 2025.

I'm a secondary 3 student at Yan Chai Hospital Law Chan Chor Si College. I like singing and I am a member of the choir at school. I also play games and design game booths for students on Science Day. I have been an English Captain for two years. I have to make announcements in the morning assemblies to promote English activities. It was not easy to speak in front of schoolmates at the beginning but I have overcome my fear. I have improved my communication skills as I kept trying.

As a prefect, I patiently guide junior students to adapt to new environments and help them solve problems in studying and in life like teaching them to do homework and find teachers as they may not be brave enough to do this by themselves. When tutoring them, I patiently explain different points and give examples to them until they are fully understood.

In addition, I have joined Dream Compassioners. They have organized a lot of activities working with the elderly like arts and crafts, gardening and games. We host group activities to enhance connections and interaction among elderly people, increasing fun and engagement among this community. We capture photos or videos of these activities and create displayable works to revisit the fun moments. The elderly people are very happy with this.

I have attached my CV for your consideration.

I would be happy to attend an interview at any time that is convenient for you and I look forward to hearing from you.

Yours faithfully,

Bella Sham

Bella Sham.



Duolingo

By Sham Yuet, Bella, 3A

One highly effective learning app is Duolingo. It is designed for language learning. Duolingo uses gamification to make the process engaging and enjoyable, offering bite-sized lessons that fit easily into a busy schedule.

By incorporating Duolingo into my daily routine, I have significantly improved my language skills in Korean! The app's structured approach allows me to practice vocabulary, grammar and pronunciation through interactive exercises. Each lesson is short, making it easy to fit in a few minutes of practice during breaks or commutes.

Duolingo also tracks my progress, motivating me with streaks and rewards for consistent practice. This feature encourages me to stay committed, turning language learning into a daily habit rather than a daunting task! Additionally, the community aspect of the app allows me to connect with fellow learners, fostering a sense of comradery and motivation.

Overall, Duolingo has enriched my life by enhancing my communication skills, opening up new opportunities for travel and cultural exchange. It has transformed language learning from a chore into an enjoyable, rewarding experience that continually inspires me to expand my knowledge and explore new languages.



duolingo

The Dangers of Technology

By Sham Yuet, Bella, 3A

Write an essay to discuss the common cybercrimes in Hong Kong. Then, suggest ways that people can protect themselves from these cybercrimes.

What is cybercrime?

Cybercrime involves unlawful actions executed using computers or the internet, focusing on attacking networks, stealing data, or committing fraud. This encompasses activities like unauthorized system access, identity theft, and online scams

Four types of major categories of cybercrimes.

The four main types of cybercrimes are hacking, fraud, harassment and identity theft.

Here is some more information about different types of scams.

**Phishing scams*

Phishing scams are a common type of cybercrime involving fake emails or messages that trick victims into revealing personal or corporate information. Cybercriminals use social engineering to obtain confidential data like log in credentials and credit card numbers. These scams take various forms, from seemingly legitimate emails to prize notifications. They target a wide range of information, including personal and financial data. Additionally, phishing attacks threaten brand reputation, as they can damage customer trust. Effective brand monitoring and protection solutions are crucial for safeguarding sensitive information and maintaining business integrity.

**Identity theft*

Identity theft is a serious form of cybercrime. It occurs when cybercriminals obtain personal information to make unauthorized transactions or engage in

fraudulent activities. The consequences of identity theft can be significant, including unexplained withdrawals from bank accounts, financial losses and legal problems, etc. Signs of identity theft can be hard to detect, so it's crucial to take steps to protect yourself.

**Ransomware attacks*

Ransomware attacks exploit computer networks to encrypt victims' files and block access until a ransom is paid. These attacks can lead to data breaches, with 43% of organizations experiencing ransom demands. Ransomware is typically distributed through phishing emails or by downloads. Once inside a system, it encrypts files and demands a ransom, often in cryptocurrency, for the decryption key. Understanding and implementing proactive ransomware protection is crucial for stop

Keeping software updated ensures that devices are protected against the latest threats. People should also be aware of the signs of scams and educate themselves about common tactics used by cyber-criminals. By staying informed and taking these precautions, individuals in Hong Kong can significantly reduce the risk of falling victim to cybercrimes.



The Portal Ball

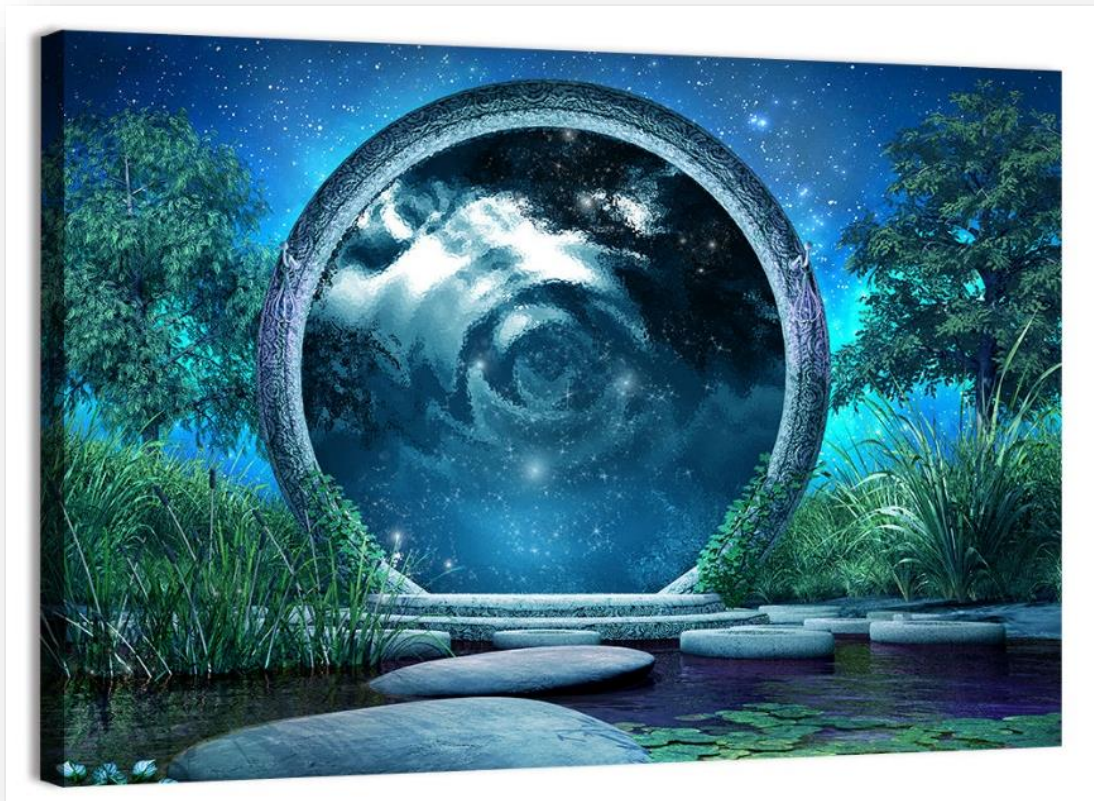
By Leung Yuen Tung, Otila, 3C

A portal ball is a tool which is used for going out conveniently. It is designed for everyone who needs to use it. It offers a way to conveniently travel from one place to another, to go to work or to go travel for example. It also transcends the limits of distance.

Try to think of this: when a person enters the portal ball, they can travel across the globe or to other distant worlds with new views, sounds and environments. Whatever users want to use the portal ball for: it could be expeditions, travel, communication, or transactions, it both can help them.

It is very easy to use. Users only need to put the ball on the floor and think of where they want to go, then they step inside the ball. Users will see that they have arrived at the place that they want to go. It is instant.

Through the portal ball, users or things can transport to a place that is very far instantly. Therefore, the portal ball is a tool which is very convenient. It is one of the best inventions in the world.



The Innovation Robot

By Kelly Lu, 3D

The Innovation Robot is a robot called the MT. It is made mostly of lightweight aluminium. MT is durable and easy to move, making it perfect for students. Its sleek design and advanced functions enhance student learning experience in numerous ways.

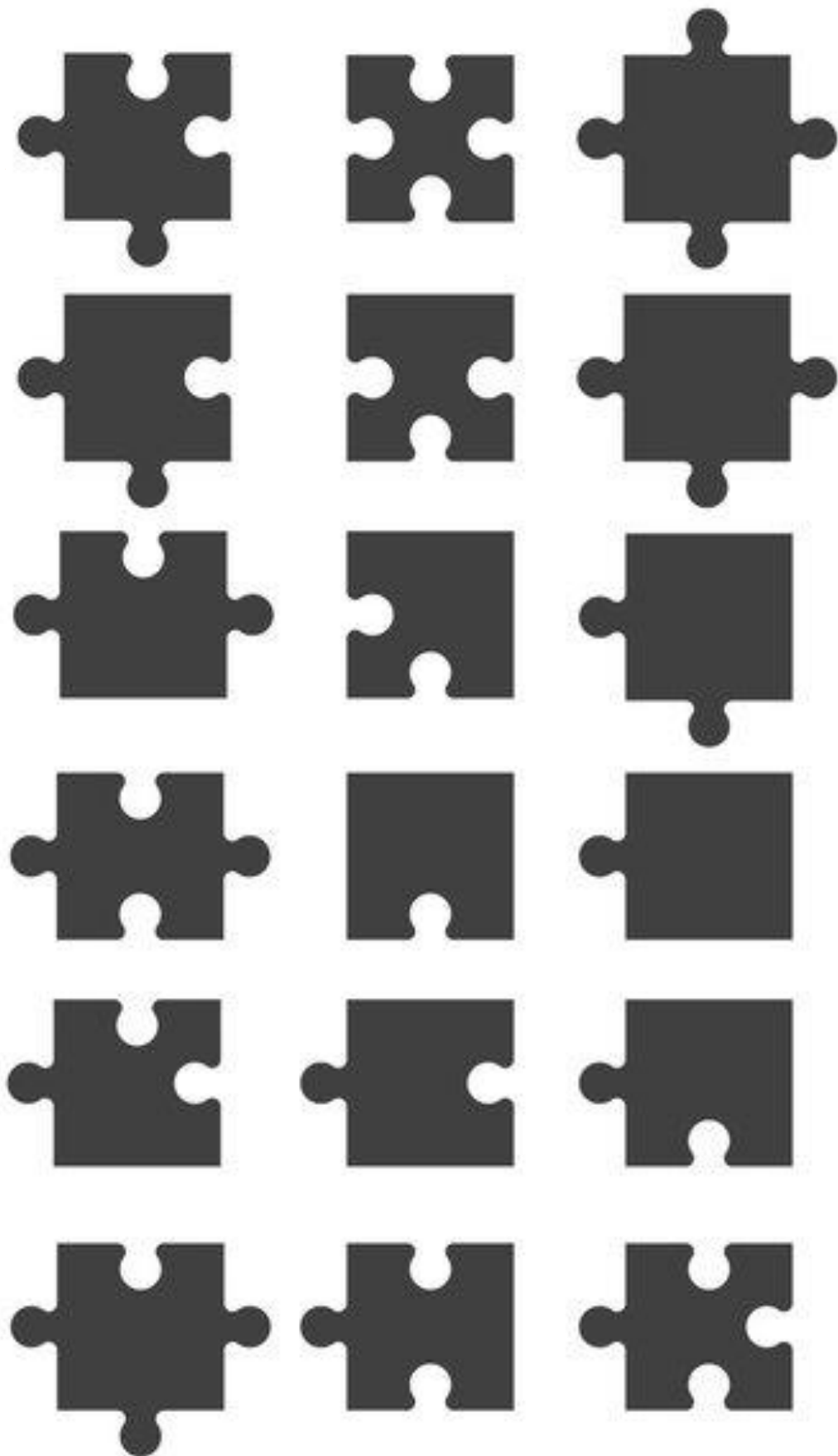
MT assists students to learn better. For example, it can demonstrate complex concepts through simulations, making study more engaging and easier to understand. This interactivity fosters a deeper understanding of subjects, encouraging students to explore and ask questions. Therefore, MT creates a more supportive learning environment, reducing anxiety associated with academic challenges by providing instant assistance and resources. It empowers students to take charge of their learning.

Also, MT is not only an educational tool but also a safety companion for students. For example, MT can communicate with parents, keeping them informed about their child's safety, sending alerts if there are any issues or emergencies, enhancing peace of mind.

Equipped with cameras and sensors, MT can monitor students, identifying any unusual behaviours or potential dangers. MT can assist student safety, especially during emergencies, directing them to safe zones. This proactive approach helps maintain a safe atmosphere for students.

In conclusion, MT is a robot that enhances the educational experience while ensuring students' safety. Its innovative apparatus promotes interactive learning and provides essential support to students. MT serves as a protective and supportive presence, ensuring that students can focus on learning while feeling safe and secure.







Yan Chai Hospital Law Chan

Chor Si College



A collection of work from students of Yan Chai Hospital Law Chan Chor Si College

Please enjoy *The Pieces.*

Please note that the views and opinions expressed in this publication are those of the authors and do not necessarily reflect the official policy or position of the school.